St Stephen's Catholic College

St Stephen's News



Issue 17 - Term 4 - Wednesday 31 October 2018

Principal: Mrs Ida Pinese

Deputy Principal: Mr Simon Vaughan

Assistant Principal Religious Education: Miss Janai Sugars **Assistant Principal Administration:** Mr Rohan Priestly

Business Manager: Mr Hadyn Flynn

College Leader Pastoral Care: Mr Matthew Draper

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Celebrating the 2018 High Achievers!







St Stephen's Catholic College held its annual Awards Presentation on Tuesday night. Congratulations to year twelve students: Ellana Spena - College Dux, Elena Pilat - Rotary All Rounder and Lauren Davis - Sr Mary Stephen Memorial Shield.

Above left: Mr David Anthony (Foundation College Chair) with College Dux - Ellana Spena.

Above right: Mrs Margaret Schweiger presenting Elena Pilat with the Rotary All Rounder Award.

Left: Sr Rovena Duffy and Mr Robert Blake present Lauren Davis with the Sr Mary Stephen Memorial Shield.

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Friday 2 November

Year 7 Geography Excursion

Tuesday 6 November to Friday 9 November

Year 12 Block Exams

Friday 9 November

Year 9 Community Day

Tuesday 13 November

Year 11 Science in Practice - Boating Licence P & F Meeting

Friday 16 November

Year 12 Graduation

Monday 26 November to Friday 30 November

Year 11 Block Exams

Thursday 29 November

Year 7 Headstart Reflection Workshop

Friday 30 November

End of Year Mass

TERM DATES 2019

Term 1

Tuesday 29 January to Friday 5 April

Term 2

Tuesday 23 April to Friday 28 June

Term 3

Monday 15 July to Friday 20 September

Term 4

Tuesday 8 October to Friday 29 November (Year 12 Finish: Friday 15 November)

Public Holidays / Student Free Days

Monday 28 January - Australia Day

Friday 19 April - Good Friday

Monday 22 April - Easter Monday

Thursday 25 April - ANZAC Day

Monday 6 May - Labour Day

Friday 19 July - Cairns Show

Monday 7 October - Queen's Birthday

Friday 26 April - Student Free Day Monday 21 October - Student Free Day

TERM DATES 2018

Term 4: 8 October to 30 November Year 12 - 16 November

CELEBRATING SUCCESS!

Please inform the college if your child has achieved success in an extra-curricular activity not directly related to school, so that the college community can celebrate these achievements.

Please email Mrs Pinese (principal@sscc.qld.edu.au) with any information and photos.

ABSENTEE EMAIL

If your child is absent, please email: absentee@sscc.qld.edu.au

Maths Tutoring Available

Tuesday and Thursday

Recess 2 - MCR

(all students welcome)

Wednesday

3.00 pm - 4.00 pm - Library

Years 10-12 only

Change of Details

To ensure communication is received, please advise the college if you have changed your email address. Please email the office: office@sscc.qld.edu.au or telephone: 4086 2500. This also applies to any other contact details.

FROM THE PRINCIPAL

Dear Parents and Friends of St Stephen's

As a college community we came together on Tuesday 30 October to celebrate the achievements of our students at the annual Awards Night. This evening is dedicated to excellence in the academic, cultural, community, leadership and sporting arenas. Not every student is able to achieve at this high standard. What is important, however, is that students endeavour at all times to do their very best. At whole school and year level assemblies, in newsletters, on St Stephen's



Facebook page, in the local newspapers and through personal affirmation, all students are acknowledged for their efforts. In particular, I congratulate the following groups of students for their outstanding achievements over the past two weeks:

- All those students who received awards on 30 October
- The U/15 Boys Futsal Team who were runners-up at the State Championships in Brisbane
- The Chess Team who also achieved second place at the Queensland Regional Championships
- The Mathematics Quiz Team of year seven and eight students who competed in Brisbane
- The athletes who performed brilliantly at the State titles, with Luke Rantucci from year seven making it to the nationals

These students demonstrate a strong commitment to their chosen fields and are not afraid to fail in order to learn from their experiences.

At the recent Awards Night, the principal's address focused on the importance of community. Below is a copy of that presentation.

INTRODUCTION

Shortly after his election as the Bishop of Rome, Pope Francis granted an interview to a number of Jesuit publications. When he was asked why he was living in the modest quarters he had inhabited during the conclave, he pointed out, that while the papal apartments were lovely, they also served to cut him off from others. Unity—community with others and unity of all believers—has been a constant theme of Pope Francis.

WHY IS COMMUNITY IMPORTANT IN A CATHOLIC SCHOOL?

All of us are created in God's image and all of us are family regardless of where we come from, what economic status we have or what our ethnic or social orientation might be. By working through our differences through dialogue, not only do we become richer as a result of our many viewpoints, but we also journey towards unity and community.

HOW IS A SENSE OF COMMUNITY FOSTERED AT ST STEPHEN'S?

To quote Blessed Pope Paul VI's closing homily from Vatican II with reference to the Catholic Church: "no one is a stranger; no one is unwelcome." St Stephen's is not a private school; in the non-state school category, St Stephen's is a Catholic school. This means that, provided there is capacity, everyone is welcome. While not always popular with stakeholders, this inclusive enrolment policy takes students from different walks of life-some with physical, intellectual or emotional challenges and others with attitude that is not always consistent with our values.



FROM THE PRINCIPAL

The school is a microcosm of society. By working through our differences and respecting different viewpoints, we are creating a sense of belonging and a community. This is great preparation for a life beyond school.

Never was this sense of community more important than when our college mourned the passing of one of our students in a tragic accident and prayed for the recovery of another who was badly injured. It was also present when our school community generously raised funds for one of our year eleven students who is undergoing chemotherapy in Brisbane. By encouraging our students to show empathy for others, we are developing a community spirit that nourishes us in the difficult times and celebrates the achievements of others. To this end, I express my sincere gratitude to the community of St Stephen's made up of staff, students and parents who work collaboratively to provide a safe, harmonious and nurturing learning environment.

CONCLUSION

Therefore, by fostering a strong sense of community in our Catholic schools where we work, study and worship, we are creating a family where acceptance, respect and non-judgement of others is the norm; where we forgive without counting the cost and are generous with what we have to give to those who have less. This is certainly not fashionable in modern society where individual wants and the focus on the ME culture is predominant over the welfare of those less privileged. We all need to have the courage to be counter-cultural. In the words of Albert Einstein: "Only a life lived for others, is a life worthwhile."

As a college, we are committed to ensuring that all students receive the best possible outcomes. This is only possible if each student attends school each day. If this is not the case, the ability of students to achieve is compromised and we are not preparing them for life beyond school. Often, when faced with adversity, some students react by refusing to attend school. It is important that educators and parents work collaboratively to assist our young people to view issues from a different mindset and to build their capacity to be more resilient. Every day absent from school has a detrimental impact on a student's learning and can affect their future choices in life.

As students will embark on eight weeks of summer holidays on Saturday 1 December, their attendance in this very short term four is crucial. To allow for as much teaching time as possible, testing will occur up until 3.00 pm on the last day of term, Friday 30 November. Therefore, I ask that parents support this expectation.

The college is currently finalising its staffing for 2019 and an update on changes will be published in future newsletters. Thank you to all families who supported their students at the annual Awards Night and to those who have assisted the college with other extra-curricular activities which required parental support. The strength of the St Stephen's community is its ability to work together and for this I am very grateful.

With trust in the Lord

Mrs Ida Pinese | Principal

principal@sscc.qld.edu.au

FROM THE ASSISTANT PRINCIPAL - ADMINISTRATION

The end of the school year is a very busy time for all. There is so much happening to finish off the year but also for planning next year. For example, we just finished our last round of immunisations last week and are already in discussions for the dates for next year.

Over the past three weeks, students from years seven to ten have completed the PAT tests for both reading and maths. This information will be an important reference for teachers when they start planning for next year's classes and work programs. If any students missed either of the tests, there will be the opportunity for a catch-up.



We enjoyed the visit of Japanese students last term and we have also started planning for our trip to Japan in September 2019. There will be an request for expressions of interest early next year. One thing is for certain, there is a cost attached to the trip and taking some spending money is recommended, so students could start thinking about how it is going to be paid for. Working over the Christmas break and saving some money is one good idea.

To finish off the year, block exams will be held in week five for the year twelve students and then block exams for year eleven in week eight. I am sure that all students are going to be very busy over the next five weeks. Let's hope that the air-conditioners do a good job.

Mr Rohan Priestly
Assistant Principal Administration

rpriestly@sscc.qld.edu.au

DR MARK BESTMANN MEMORIAL SHIELD



St Stephen's Catholic College hosted the Dr Mark Bestmann Memorial Shield on Thursday 25 October. Congratulations to Mareeba State High School on their win.

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FROM THE MIDDLE LEADER - STUDENT DIVERSITY

The following article is an excerpt from a website that sums up well how to identify a learning need and the assistance that a child can benefit from both at home and school. If you have any concerns, please contact the Student Diversity Department.

God bless

Mrs Gail Musch Middle Leader - Student Diversity gmusch@sscc.qld.edu.au



John 4:19 "We love because He first loved us."

Identifying a Learning Difficulty

Children are clever and those who have learning difficulties are quite adept at hiding them. They are usually quite aware of their inability to perform certain tasks, tackle particular subjects and even understand curriculum content and their biggest skill is avoiding them. The easiest way to identify a student with learning difficulties is to watch their avoidance techniques.

- Going to the bathroom frequently
- Talking out of turn
- Purposefully getting into trouble around exams or heavy periods of study
- Forgetting glasses, books, pens, textbooks, homework etc
- Copying others work
- Being the class clown or making light of the reason why they have not completed the work

Techniques to assist students with Learning Difficulties

There are a number of ways to assist their identified learning difficulty. It is important to match supporting techniques to the child's issue.

- Create colour categorised timetables
- Visit an optometrist and purchase multiple pairs of glasses
- Have their hearing tested
- Talk to your child and ask them to identify areas where they have trouble
- If they have trouble with English read to them, with them, listen to them read and encourage them to do it on their own
- If they have trouble with mathematics spend time with the basics, counting, grouping, times tables, adding, subtracting and counting in 2's, 4's, 6's etc.

Simple Advice for Parents

If you suspect that your child may have learning difficulties, it is important not to panic. Many children will have some difficulties over time and it is important that you don't make a big deal out of it. Chances are they will already feel left out or different and it is your job to make them feel at ease with these differences. Talk to them and ask how they feel about their learning experiences. Identify where they need help and be proactive to find a solution.

Cited 22/10/2018: https://www.tutoringforexcellence.com.au/blog/learning-difficulties/

FROM THE MIDDLE LEADER - STUDENT DIVERSITY



St Stephen's Catholic College was greatly blessed by the talented Indigenous dancer troupe, who proudly displayed their culture at our St Stephen's day concert. Huge thanks to Ms Shannah Richards for coordinating with the Mareeba State Primary and State High staff and students for this event.



OCEANIA SCHOOL CHAMPIONSHIPS - FUTSAL

The u15 Boys Futsal team represented St Stephen's Catholic College at the Federation of Australian Futsal, Oceania School Championships from Friday 19 to Sunday 21 October, in the u16 Boys category, after finishing in first place at the Far North Queensland school titles in term two. The boys went through the tournament undefeated, going into the grand final in first position, but unfortunately lost to Ferguson Football Academy 6-3. The boys must be acknowledged for their efforts and behaviour. They displayed the highest respect on and off the court with officials, other teams and parents giving them glowing reports on both their talent and sportsmanship. Even though the boys finished in second place, they won all three



prestigious awards of the tournament for the u16 Boys age group. I would like to take this opportunity to thank Mr Luch Avolio for volunteering his time to coach the team.

Miss Deanne Morrow Team Manager







Left: Goal keeper of the tournament - Milan Quintieri. Centre: Highest goal scorer of the tournament - Deane Alterio. Right: Most valuable player of the tournament - Damian Avolio.



Back Row: Logan Acha, Milan Quintieri, Eryk Legaspi, Damian Avolio and Liam Haendel.

Front Row: Jon Gambino, Jack Garcia-Fraser and Deane Alterio.



FROM THE CHESS COORDINATOR

2018 Queensland Inter-School Chess Finals

On 20 and 21 October, St Stephen's Catholic College was again represented at the Queensland Inter School Chess State Finals. The team of Iago Roche-Maxwell, Brandon Osborne, Caleb Shorey and Layton Osborne, competed among the top eighteen school teams from regional and metropolitan Queensland.



After two days of solid performances, St Stephen's Catholic College finished as regional runners-up, narrowly missing first by just one point. In addition to the outstanding team result, Caleb Shorey won best regional board three performance, winning 4½ from a possible six points.

Congratulations to the whole team, and a special thank you to Mr Michael Harnischfeger for his continued coaching of the team and for supporting the team in Brisbane during the tournament.

Mr Christopher Ellison Chess Coordinator cellison1@sscc.qld.edu.au



From left to right: Layton Osborne, Caleb Shorey, lago Roche-Maxwell and Brandon Osborne.

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FROM THE MIDDLE LEADER - YEAR SEVEN AND EIGHT

It is hard to believe that we have reached term four already, as this year has flown by. Both year seven and eight students have really engaged wholeheartedly with all activities in 2018. They have been a great group of students to work with. It was amazing to see so many students invited to attend our Awards Night this week. Congratulations to those students who received awards. It was wonderful to see such an extensive list of students who have been consistently working hard to achieve their best in a variety of fields. Not only have the award recipients been working hard all year, but there have been many students in our year seven and eight community who have displayed independence and enthusiasm towards their learning. All students need to be commended on their work ethic.



The year seven cohort has grown and matured. Students have adapted to life as a high school student admirably and have mastered timetables, lockers, moving between classrooms and are mostly organised for each subject. They have also made new friends and developed new relationships with staff. The confidence and enthusiasm they have demonstrated on their journey is a credit to them, and they deserve to be commended for successfully making a smooth transition from primary to secondary.

At the beginning of the term, the year eight students and their home form teachers enjoyed their community day at Sugarworld, in Edmonton. This was a fantastic opportunity for the students to have fun together outside the classroom. Students were fantastic and should be commended on their participation and exceptional behaviour throughout the day. A huge thank to the team from Sugarworld for providing a marvellous venue and amazing hospitality and RTM Bus Services for excellent transportation. Also a special thank you to Mrs Nunes, Mr Pelka, Ms Kitchner and Mr Baker for giving up their time to be part of this day. Their help and support was greatly appreciated and valued.

Even though our school year is nearly at a close, there is still plenty of work and assessments to be completed. Students need to keep focused and on-track with their homework, assessment and studying routines. Continuing good study habits that suit individual needs is important, especially over the next few weeks.

I would also like to take this opportunity to thank all students for their hard work, diligence and friendship over the year. Every student has contributed to making 2018 a positive and enthusiastic one. Students have worked together with their teachers to deal with the demands and pressures of high school, and I am very proud of their achievements.

I wish you and your family a very blessed and joyful Christmas and enjoy a relaxing and rejuvenating break in the coming weeks.

Mrs Jayarani Salerno Middle Leader - Year Seven and Eight <u>jsalerno@sscc.qld.edu.au</u>

"Our greatest weakness lies in giving up.

The most certain way to succeed is always to try just one more time."

Thomas A. Edison

YEAR EIGHT COMMUNITY DAY



AWARDS NIGHT









From left to right: Ms Peta Moloney with Maxwell Stephenson (TAFE Trade Excellence Award), Ms Peta Moloney with Tarryn Steele (TAFE at School Award), Mrs Michelle Bryce with Thomas Baker (Trade Training Centre Award) and Ms Maryanne Tranter with Dylan Longbottom (Vocational Student of the Year).









Councillor Angela Toppin - Mareeba Shire Council presented the sports awards. From left to right: Tonia-Marie Rantucci (Junior Sportswoman), Luke Rantucci (Junior Sportsman), Sara Donovan (Senior Sportswoman) and Moses Hannett-Wade (Senior Sportsman).







From left to right: Mrs Michelle Bryce with Elena Pilat (Amaroo Medical Bursary), Mr Robert Cater with Annalisse Tronconce (Claude Cater Mensland Business/Law Studies Bursary), Mr Evan McGrath OAM and Mrs Fay McGrath present Travis Cummings and Mackenzie Elms with the Evan and Fay McGrath Education Bursary.

AWARDS NIGHT









From left to right: Mr Sam Musumeci with Kate Schincariol (Mareeba Chamber of Commerce Business Encouragement Award), Ms Daniela Parlapiano with Jenna Kerswell (Robert Fabris Trust - STEM Bursary), Mr Gregg Jacobsen with Gabriella Cuda (A Community Theatre Drama Award) and Mr Ian Margetts with Jamie Malcolm (Cultural Award).









From left to right: Mr Ian Margetts with Joanah Cabassi and Jack Burnside (James Cook University Academic Encouragement Awards), Petty Officer Dale Gilbert presents the Australian Defence Force Leadership Awards to Holly Bryce and Travis Cummings and Mrs Leonie Jennings with Jake Priestly (St Stephen's Catholic College Parents and Friends Association Award for Citizenship).





Left: Mrs Ann Maree Zugno with David Bin (Mareeba and Dimbulah Community Bank Award for Citizenship).

Right: Mrs Joan Moore OAM with Sam Daniell (Public Speaking Award).

AWARDS NIGHT







Mr Ian Davis - Executive Deputy Director of Catholic Education, Diocese of Cairns had the pleasure of presenting the Academic Medals. Above left: Amelia Morris - Year Seven. Above centre: Alannah Falvo - Year Eight. Above right: Tahlia Spena - Year Nine. Below left: Hayley Cek - Year Ten. Below centre: Megan Crane - Year Eleven. Below right: The runner-up to the Dux - Elena Pilat.









The Reverend Robert Greenup OSA presented the College Captains with their awards, from left to right: Elena Pilat, Gabriella Cuda, Joshua Kievit and David Bin.

Year twelve student, Aaron De Marzi recently graduated with an Aviation Australia Certificate II in Line

Maintenance. Aaron has been undertaking this course every Thursday for the past two (2) years. His class graduated on Thursday 25 October 2018 and Aaron was awarded the Dux of the 2017/2018 class by Aviation Australia.

This is an outstanding achievement Aaron. Your family and the college community are proud of your achievements.

Congratulations!



STUDENT SUCCESS

Year twelve student, Jordan Hohns ran in the Great Barrier Marathon on Sunday 28 October, at Port Douglas. Despite his family telling him that he should do the ten kilometre or half marathon as a beginner, he decided to skip these events and do the marathon.

Jordan's father, Mr Jason Hohns said, "Not knowing what to expect, I was quite surprised with his result. Frustratingly I had to work and follow it via his brother Jared and on the website. He won his category 16-19 Male (technically, I think he was the only one) but came in at 32 of 82 competitors".

Funny enough, he did the Mareeba Fun Run a couple of weeks ago and there were people telling him he should do the half marathon or ten kilometre race. Apparently they were quite surprised when they saw him cross the line for the marathon.



Right: Jared and Jordon Hohns.

JORDAN HOHNS (#152)

FINISHED

GUN: 04:18:24

 PLACE
 MALE
 16-19

 32 OF 129
 26 OF 75
 1 OF 1

Year ten student, Braydon Olufson, recently attended the 13-19 year Queensland School Athletics State Championships in Brisbane.

Braydon competed in the 16 year old boys shot put. It was a tough competition with 16 boys competing, and he made it to the top eight and progressed to the finals. In the final round Braydon threw a distance of 14.25 metres, placing him fifth overall in the state for his age group.

He also competed in the 16 year old boys discus. Unfortunately, Braydon fell short of the qualifying distance and failed to move through to the top eight to fight it out in the finals.

Well done Braydon!





STUDENT SUCCESS



Luke Rantucci recently attending the State titles for athletics and had a great competition over the two days, winning first place on the podium!

Luke competed in a combined event, which included long jump, shot put, 100 metres and 800 metres. He will now compete at the National titles.

Great work Luke!

At the recent National Inter school Championships held at Werribee, Victoria, Olivia Hewitt-Toms placed sixth overall in the 90 cm and fourteenth overall in the 100 cm. Jamie Hewitt-Toms placed twelfth overall in the show horse section. They both did very well competing against the best in Australia. Congratulations, Olivia and Jamie!



EXTRACT FROM THE AGE NEWSPAPER: Mum, Dad, two kids, two horses, a dog and the 3600km trip to Melbourne!

An alternative school holiday: the Hewitt-Toms family drove 3600km from Queensland to compete in the national inter-schools equestrian championships at Werribee this week. Taking the family away for the school holidays can be stressful enough, but imagine travelling 3600km with two horses in your caravan. That's what the Hewitt-Toms family have just done, in an epic road trip to Melbourne from their far north Queensland home.But having horses in your caravan is not as squishy, and smelly, as it sounds.

The family from Kuranda, near Cairns – parents Chris and Terry and kids Olivia Hewitt-Toms, 12, and her sister Jamie, 15 – rode in their truck, which tows the "gooseneck", the slang term for an eight-tonne motor home with built-in horse stalls. At night, the horses stayed in yards or stables at showgrounds and pony clubs. The family slept in bunks in the well-partitioned "human" end of the caravan, which has a fridge, stove and shower.



The girls are among 400 children from across the country, aged 6 to 18, competing this week in the Australian Interschool Equestrian Championships at Werribee Park National Equestrian Centre. Chris Hewitt admits it's "crazy" to drive so far with two hefty animals (and chihuahua, Charlie). But when both daughters qualified to represent Queensland, "I just couldn't say no". On Wednesday, Olivia competed in showjumping, while Jamie came 13th in the show horse section on Tuesday. Jamie jokes that show horse is "like, riding around, looking pretty" but she had to execute a sequence of trots and canters, riding and leading her immaculately groomed horse Rathowen Blitz around a ring.

Chris Hewitt estimates the trip is costing about \$10,000.But it's been a family adventure, riding the horses along Cabarita Beach in northern

NSW, visiting friends in Canberra, seeing wild rabbits at Mossvale in the NSW southern highlands, and admiring the bright yellow canola fields in northern Victoria. It's their first trip to Melbourne, and while they haven't yet seen the CBD, the girls enjoyed viewing giraffes and hippos at nearby Werribee Open Range Zoo on Sunday. Ms Hewitt said she and Terry have driven the girls and horses as far as Brisbane and Toowoomba to compete, both about 1700km away. They often drive six hours to Townsville. But the Melbourne trip was daunting. "There were moments when I was like, 'it's way too hard'," she said.

An event organiser Suzie Batten, whose 17-year-old daughter Georgie is Victorian team captain, said for parents the logistics are enormous. "I wish mine had done ping pong," Ms Batten joked. "It would be so much easier, but we do it because we love the sport, we love the animals and we love our kids."

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Year ten student Toby Greenwood, recently placed third in the 2018 MTBA Gravity Enduro National Championships. Toby also holds the State Enduro Champion title, winning in Elite Male held at the Atherton Trails in September. Elite male are racers between the age of 20-30, so Toby is definitely punching outside his weight division!

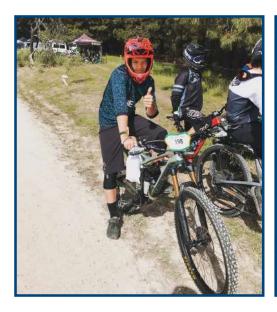
Great work Toby!

Under 17 Men

Overall

11.9km

		Name Luke Meier-Smith	Team	Time 22:00.95	Behind	Stage 1		Stage 2		Stage 3		C4 4		Stage 5		Stage 6		Stage 7		Stage 8	
												Stage 4									
						2:52.86	1st	2:49.53	1st	2:52.49	1st	2:48.59 3r	rd 4:	02.21	2nd	2:05.71	1st	2:37.78	1st	1:51.78	1st
2nd	210	Ryan Gilchrist		22:19.90	+0:18.95	2:57.97	2nd	2:51.10	2nd	2:56.28	3rd	2:47.12 2r	nd 3:	59.48	1st	2:13.64	10th	2:39.90	2nd	1:54.41	2nd
3rd	198	Tohy Greenwood		22-53 48	+0-52 53	3-02.62	6th	2.57 00	7th	3.03.00	7th	2-43 00 16	st 4	10 01	6th	2.09.23	3rd	2-49.06	4th	1-59 56	5th





STUDENT SUCCESS

Year seven student, Caitlin Wadley was runner up in the UN Youth Speaks competition held at JCU recently. Caitlin acquitted herself well against the older, more experienced competition.

What a fantastic achievement Caitlin!



BAREFOOT BOWLS

EVERY TUESDAY NIGHT

SAUSAGE SIZZLE 6pm

NIGHT BOWLS 6.30pm

Come along have some fun and make new friends



Names required by 5.30pm



COST: \$12 Includes: Green fee and sausage sizzle.

Everyone welcome

INCLUDING CHILDREN IZ YEARS AND OLDER

For more information

Phone Liz 40 921 466 - Joy 0429 986 163

or

Leave a message on answering service 0458 729 320

Bowls available if required at no charge

Flat sole shoe - NO joggers

PARENTS AND KIDS FIRST AID COURSE





Parents and Kids First Aid Course

About this course

The Parents and Kids First Aid course is a professional yet relaxed 2.5 hour session where new parents, carers, grandparents or anyone dealing with children can come along and learn some tips and tricks for keeping children safe.

Ideal Participants

- · Ideal for new parents and grandparents
- Expecting parents, to have peace of mind when their bundle of joy arrives.
- Mothers' groups & fathers' groups
- Baby showers
- Family and friends that might share care of each-other's children

Topics

- CPR and Basic Life Support
- Drowning
- Burns
- Choking
- Basic First Aid procedures for bleeding, bites and stings, fractures, febrile convulsions, poisoning, asthma and anaphylaxis

Carers will practice the following:

- CPR training includes hands-on practice with manikins
- Choking treatment training includes hands-on practice with manikins
- The topics are explained in a professional, friendly, light manner, no stuffy lectures or medical "jargon", just serious facts in an enjoyable way.

Time: 2.5 Hours

 $\textbf{Cost: $$30.00 per person or $$50 for two people} \\ Includes morning or afternoon tea and all required handouts$

Seats are limited, so bookings only will be required

AT: Jackaroo Motel - 340 Byrnes St, Mareeba QLD 4880 DATE: 16th November 2018 TIME: 10am to 12:30pm To Book Call: Far North Training & Consultancy RTO # 32474 PH: 07/4098 1228

AT:

Jackaroo Motel - 340 Byrnes St, Mareeba QLD 4880 DATE: 16th November 2018 TIME: 10am to 12:30pm To Book Call: Far North Training & Consultancy RTO # 32474 PH: 07/4098 1228

07 4098 1228

farnorthtraining.com.au

