

St Stephen's News



Issue 3 - Term 1 - Wednesday 6 March 2019

Principal: Mrs Ida Pinese

Deputy Principal: Mr Simon Vaughan

Assistant Principal Religious Education: Mrs Laura Gilbert & Miss Janai Sugars

Assistant Principal Administration: Mr Rohan Priestly

Business Manager: Mr Hadyn Flynn

College Leader Pastoral Care: Mr Matthew Draper



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Students shine at Lions Youth of the Year



Five (5) senior students competed at the Lions Youth of the Year competition at Mareeba and Atherton on Saturday 23 February, where they represented the college with distinction. We are very proud of their stellar efforts. Congratulations to Jonah Williams who won at Atherton and proceeds to the next stage of judging at Malanda on Saturday 9 March.



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Thursday 7 March

Year 8 Geography Excursion Chess Competition

Monday 11 March

Open Evening

Friday 15 March

National Day against Bullying & Violence (Students to wear pastoral uniform)

Wednesday 27 March

Australian Geography Competition

Friday 29 March

Cross Country (commencing at 12.30 pm)

Monday 1 April to Friday 5 April

Year 7 Camp

Monday 1 April to Wednesday 3 April

Year 12 Retreat

Friday 5 April

Stations of the Cross Liturgy

Students Requiring Medication

If your child requires medication to be taken during school hours, please contact Mrs Linda Bale to discuss the requirements of the College.

CHESS CLUB

with Mr Harnischfeger (Mr H)

Room: S4 - Every day during Recess 2. EVERYONE IS WELCOME!



TERM DATES 2019

Term 1: 29 January to 5 April Term 2: 23 April to 28 June

Term 3: 15 July to 20 September

Term 4:8 October to 29 November

Year 12 - 15 November

Student Free Days 2019

Friday 26 April Monday 21 October

CELEBRATING SUCCESS!

Please inform the college if your child has achieved success in an extra-curricular activity not directly related to school, so that the college community can celebrate these achievements. Please email Mrs Pinese (ssm.principal@cns.catholic.edu.au) with any information and photos.

ABSENTEE EMAIL

If your child is absent, please email: ssm.absentee@cns.catholic.edu.au

Maths Tutoring Available

Tuesday and Thursday

Recess 2 - S5

(all students welcome)

Wednesday

3.00 pm - 4.00 pm - Library

Years 10-12 only

Change of Details

To ensure communication is received, please advise the college if you have changed your email address. Please email the office: ssm.office@cns.catholic.edu.au or telephone: 4086 2500. This also applies to any other contact details.

FROM THE PRINCIPAL

Dear Parents and Friends of St Stephen's

"We're all leaders, and we're leading all the time, often in small, unintended ways." (Heroic Leadership: Chris Lowney)



In the past five weeks, our students have been inducted into leadership positions, ranging from representation at a year level to college leaders for 2019. Not only have these formal leaders demonstrated leadership qualities in a myriad of activities, but many other students without a badge have risen to the challenge of leading.

In preparation for the college's swimming carnival, the pastoral house leaders and their year level counterparts rose to the occasion by encouraging their peers to participate in this annual event. I congratulate all students for their great participation, enthusiasm and house spirit, as well as acknowledging the swimming prowess of the winning pastoral house, Deacon. Some of these senior students were also contestants in the Lions Youth of the Year competition where they moved out of their comfort zone to represent our college with distinction. All five competitors are to be congratulated for their stellar effort, (Deborah Hermanus, Kyrah Johnston, Jake Priestly, Rhett Pritchard and Jonah Williams), and we wish Jonah Williams, (the overall winner at the Atherton Lions Club competition), the very best as he proceeds to the next stage of judging on 9 March.

All students are strongly encouraged to embrace as many opportunities as possible and to strive to be the best they can be, whether this be in the academic, sporting, cultural or service domains. Lent, the commencement of which was signalled by the Ash Wednesday liturgy on 6 March, is a time when we are invited to "clean up our lives, throw out the rubbish, and reclaim the spirit within that appreciates being alive, in love with family and friends, and engaged with neighbours." During lent, we are called "to wake up in our lives to new life and cultivate deeper consciousness of God's love at our fingertips." It is also a time to perform random acts of kindness to all those with whom we come into contact, not just to our family and friends. While random acts of kindness should be carried out all year round, Lent is a time when we should reflect on our relationship with God, our family, our peers, our teachers and all those with whom we interact in our St Stephen's community and beyond.

Despite the best intentions of all who work in our St Stephen's community, not all students have positive experiences everyday for a variety of reasons. If we remember that each of us is made in the image of God and that we should endeavour to see Jesus in all with whom we come into contact, we may have a greater respect for our differences. These differences enrich our community. However, some students are often the target of others' unpleasant comments because they are different. On 15 March, the college will participate in a "day of action against bullying" to foster positive relationships and to encourage all students to be courageous to stand up for those who are being bullied.

In some instances, students' absenteeism is linked to the experiences they are having at school. If your child reports bullying, I strongly encourage you to contact their Pastoral Leader in the first instance so that steps can be taken to address the matter. Everyday that a student is absent affects their ability to learn and to build a



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FROM THE PRINCIPAL

successful future.

Thank you to parents who attended the recent "Meet and Greet" and year twelve information evenings. The education of your children is one of your greatest investments and a strong partnership between school and home ensures a more positive outcome for students. As always, I welcome constructive feedback on how we can improve our processes, via email, phone or in person.

With trust in the Lord

Mrs Ida Pinese | Principal

ssm.principal@cns.catholic.edu.au

LIONS YOUTH OF THE YEAR



Jonah Williams and Rhett Pritchard attended the Atherton competition.

Deborah Hermanus, Jake Priestly and Kyrah Johnston attended the Mareeba competition. Mrs Pinese is pictured with the students.



FROM THE ASSISTANT PRINCIPAL ADMINISTRATION

We are now in week six as I write this. The year seven students are well into the routine of school life at St Stephen's Catholic College, and they no longer 'getting lost'. The year twelve OP students have had their first QCS practice test and are focused on the final year of secondary schooling. I like sailing and so as a metaphor, our ship has left the harbour and heading off on course. We have started the journey.



The swimming carnival was a success and we are now looking at the next event. There are plenty of Peninsula sporting events on the calendar but the next whole school event is the inter-house cross-country, which will be held during week 9 (Friday 29 March). So there is plenty of time for students to do some training before the event. I wish I could say that the training is compulsory for the Mighty McAuley students, as we are always coming so close!

I would like to remind students and parents that when students are crossing McIver Road after school, that they do so at one or the two designated areas. The first is near Cater Road and has signage. The other is just after the bus exit on McIver Road.

I wish everyone a great second half to term one.

Mr Rohan Priestly
Assistant Principal Administration
rpriestly@cns.catholic.edu.au

2018 OP SCORES

Congratulations to the seniors of 2018. Of the 63.16% of students who were OP eligible, 14 or 29.17% received an OP score between 1 and 5, giving St Stephen's Catholic College a ranking of 56th in Queensland. This places St Stephen's third in the Cairns Diocese and second among the Tableland schools. Several students from 2018 were able to attend the school assembly on 30 January. From left to right: Dylan Cappella (OP 3 - Engineering at JCU), Moses Hannett-Wade (OP 4 - Engineering and Science at QUT), Lauren Davis (OP 5 - Chiropratics at RMIT), Ellana Spena (OP 1 - Medical Imaging at QUT) and Elena Pilat (OP 1 - Medicine at JCU).



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FROM THE COUNSELLOR

In support of the National Day of Action Against Bullying and Violence on Friday 15 March, Ms Murat is holding a Random Acts of Kindness promotion. During week seven (11-15 March,) students and staff of St Stephen's are invited to carry out a random act of kindness for someone within the school. The random act can be for someone you know well or for someone you would like to know better and can include things like writing a list of someone's best qualities and giving it to them, making someone a card to let them know they are special, bringing someone a treat you made at home or shouting them a drink from the tuckshop, giving someone an old book you think they may like, including someone in your lunch-time activities who you do not usually hang out with, or giving someone a flower you picked from your garden. Random acts of kindness do not have to be expensive, but they do need to make someone feel cared for and appreciated. More ideas can be found at https://www.randomactsofkindness. org/



If you receive a random act of kindness during the week, please email Ms Murat (hmuratmaks@cns.catholic. edu.au), so she can add the action to the kindness tree which will be displayed outside her office. Acts of kindness can increase feelings of happiness and wellbeing, combat and reduce bullying, increase resilience, improve existing friendships and create new ones. Let's grow the culture of kindness in our school!

Steps to Create a Culture of Kindness

A recent study, "Kindness Counts", followed several hundred nine to eleven year olds, who performed and recorded three random acts of kindness each week. The study found that the young people experienced increased feelings of happiness and satisfaction and also became more liked by their peers. The activities below will help young people become more mindful about doing acts of kindness and feel gratitude more often:

1. Educate Yourself and Your Young Person

Learn about the importance of kindness and its benefits for children and adults. The Random Acts of Kindness Foundation is a great place to begin. You'll find home activities for all ages of children.

Create a Family or Classroom Activity

Devise a month-long activity where the whole family records ONE act of kindness or ONE pleasant activity per day. You might call it your "Happiness Project" or "Happiness Diary." These activities might include helping with dishes, letting someone else go first, going out of way for a friend, taking care of an animal, hugging someone to make them feel better, etc. Or they might include visits to places and experiences that make us feel good, like visiting grandparents or the park.

Share on a Weekly Basis

Each week, take time to share as a family. It's not important to share everything in one's diary. What's important is to share enough so that everyone learns from each other's acts of kindness and begins to understand the kinds of experiences that bring gratitude to life. Sharing encourages reflection and helps bring meaning to our actions.

Find Ongoing Opportunities to Practice

It may not be practical to keep up a "Happiness Diary" and share it on a regular basis for much more than a month at a time. But is it possible to choose one month a year for this project? Are there other opportunities for you to reinforce and instil kindness throughout the year? (Retrieved from http: www. psychologytoday.com)

FROM THE MIDDLE LEADER MATHEMATICS

New senior syllabuses for Mathematics

This is the last year for students completing mathematics courses in Pre-vocational Mathematics, Mathematics A, Mathematics B and Mathematics C, under the Queensland Certification of Education System (QCE). In 2019 and 2020, students will be enrolled in either Essential Mathematics, General Mathematics, Mathematical Methods or Specialist Mathematics.



Students enrolled in the latter three (3) courses will be required to complete an external exam which will account for half of their overall results for the subject. Please access the link below to access more information about the new QCE subjects for maths.

https://www.gcaa.gld.edu.au/senior/senior-subjects/mathematics

Textbooks

All students have access to electronic versions of the textbook through use of the access code in the front of their textbooks. Students are able to download a copy of the textbook onto their device or their home computer, meaning they do not have to take their textbooks home with them to do homework or study. Please let me know if you are having difficulty accessing the electronic version of the textbook.

Tutoring

Lunchtime mathematics tutoring is available for all students in years seven to twelve during second recess in S5 on Tuesdays and Thursdays. After school maths tutoring is available to students in years ten to twelve from 3.00 pm to 4.00 pm in the library on Wednesday afternoons.

Upcoming Maths dates:

- Pi Day Thursday 14 March
- Year 7 Challenge Day Thursday 2 May
- Year 9 Challenge Day Friday 3 May
- NAPLAN Tuesday 14 to Thursday 16 May
- Australian Mathematics Competition Thursday 1 August
- Year 9 Mathematics Camp Wednesday 7 Friday 9 August
- ICAS Maths Competition Thursday 19 September

Mr Christopher Ellison Middle Leader Mathematics

cellison1@cns.catholic.edu.au

** MATHS TUTORING **

Tuesday and Thursday

Recess 2 - S5

(all students welcome)

Wednesday

3.00 pm - 4.00 pm - Library

Years 10-12 only

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FROM THE MIDDLE LEADER SPORT AND ACTIVITIES

DEACON WITH THE LONG AWAITED WIN!

Deacon returned to winning ways at this year's Inter-house Swimming Carnival. Team spirit was on display with pastoral house themes and decorations adorning the house areas. Dance battles and cheering for the competitors in the pool was heard loudly and clearly all day. Participation and talent were outstanding this year with many records being broken. Special mention must go to Ayshia Brischetto, Marlon Bellero, Ned Donovan, Sara Donovan and Jake Priestly, who each broke school records in their respective age groups.



The Pastoral House Captains are to be commended for their organisation in the lead up to the carnival and on the day. McAuley House showed their true spirit winning the House Spirit Award with their remarkable participation and dancing skills. The attitude shown by nearly every competitor fostered a wonderful atmosphere at the event. I congratulate our new record holders, age champions and the battlers who all gave 100%.

Thank you to all the parents and friends who came along on the day for support and a huge thank you to all those who helped out, the tuckshop ladies for the catering, the Mareeba swimming pool and club for the use of their facilities and the professional college staff. Without the generosity of your time and expertise the event would not be the success it is.

Mr Kieran Morley
Middle Leader Sport and Activities

kmorley1@cns.catholic.edu.au

Overall Results









Deacon - 686 points

McAuley - 684 points

Muluridji - 595 points

Augustine - 323 points

2019 Age Champions

12 Girls	Ayshia Brischetto	12 Boys	Benjamin Byrne
13 Girls	Kiara Ramscar	13 Boys	Clint Hatfield
14 Girls	Emily Phillips	14 Boys	Ned Donovan
15 Girls	Tonia-Marie Rantucci	15 Boys	Beau Hatfield
16 Girls	Sara Donovan	16 Boys	Callum Zugno
Open Girls	Olivia Bannink	Open Boys	Jake Priestly

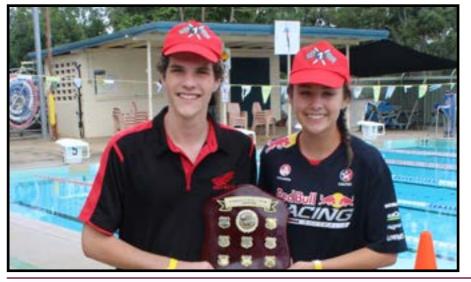
FROM THE MIDDLE LEADER SPORT AND ACTIVITIES

New School Records

New Record	Old Record
12 Year Old Boys 50m Butterfly Marlon Bellero 36.24	Thomas Byrne (2017) 39.45
12 Year Old Boys 50m Breaststroke Benjamin Byrnes 41.21	Thomas Byrne (2017) 50.55
12 Year Old Boys 50m Freestyle Marlon Bellero 30.52	Thomas Byrne (2017) 33.34
12 Year Old Girls 50m Freestyle Ayshia Brischetto 33.68	Alaina Smith (2016) 33.90
14 Year Old Boys 50m Butterfly Ned Donovan 31.21	Jack Petersen (2011) 33.34
14 Year Old Boys 50m Breaststroke Ned Donovan 36.90	Jack Donovan (2012) 37.37
14 Year Old Boys 50m Backstroke Ned Donovan 33.78	Jack Petersen (2011) 35.23
14 Year Old Boys 4 x 50m Relay Deacon 2.05.52	Muluridji (2013) 2.54.16
16 Year Old Girls 50m Breaststroke Sara Donovan 40.58	Amy Donovan (2010) 40.94
Open Boys 50m Butterfly Jake Priestly 28.40	Jake Priestly (2018) 28.61



Age Champions, back row: Callum Zugno, Jake Priestly, Olivia Bannink, Sara Donovan, Ned Donovan, Beau Hatfield, Emily Phillips and Tonia-Marie Rantucci. Front row: Clint Hatfield, Benjamin Byrne, Ayshia Brischetto and Kiara Ramscar.



Deacon Pastoral House Leaders Lleyton Phillips and Shelby Devine.

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2019 SWIMMING CARNIVAL

2019 SWIMMING CARNIVAL





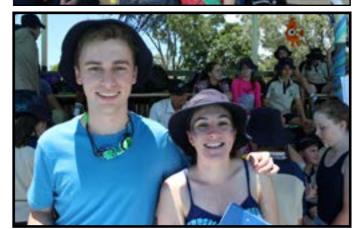




























FROM THE MIDDLE LEADER - YEAR SEVEN

It is hard to believe how fast term one has flown by. The year seven's have settled into their first term of high school with ease and confidence. Many changes have occurred, with new subjects, teachers, friendships, along with new challenges, but each student has coped well. They are adapting to their new environment and being mature and responsible students. Students have taken on all aspects of high school life in their stride.

Now students are in full swing of assessment with assignments and tests, this may cause a little stress and anxiety. It is very important that students discuss any concerns with their classroom

teacher during class time or via email, have an organised SRB and term planner, and of course eat and sleep well. The new challenges of high school, especially in term one, can be somewhat overwhelming at first; however as the year progresses, year seven students will be able to handle life as a secondary student without any dramas.

This year we have started a buddy program between the year seven and year eleven cohorts, and some year twelve students. This is an opportunity for the older students to provide support and a friendly face for our younger students. They will share their knowledge and experience of high school. On Monday, the year seven students were able to spend time with their buddy in a relaxing and social environment. Students are looking forward to engaging in some more activities with their buddy in the future.

Mrs Jayarani Salerno Middle Leader - Year Seven jsalerno@cns.catholic.edu.au

AUTHOR VISIT

On Monday 4 March, author Pamela Rushby visited our school as part of our library program. Pamela spent time with students from years seven to ten throughout the day. Mrs Rushby discussed with the students where her ideas come from and how to turn those ideas into stories. She talked about her research and how to incorporate this into fictional stories. Pamela was a fascinating storyteller and has discovered some interesting titbits about Australian history when researching material for her novels. Her stories kept the audience enthralled. The students enjoyed their time with Mrs Rushby.



Mrs Simone Gillies Teacher Librarian

saillies@cns.catholic.edu.au





FROM THE MIDDLE LEADER - YEAR SEVEN



NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE

St Stephen's Catholic College is joining the nationwide movement and standing together against bullying with schools across Australia on Friday 15 March 2019. We are conducting activities during second recess across the school to promote student well-being. So that students can access the full range of activities on offer on the 15 March, all students are required to be in pastoral house uniform.

Mr Matt Draper College Leader Pastoral Care mdraper@cns.catholic.edu.au



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FROM THE MIDDLE LEADER - VET AND VOCATIONAL LEARNING

Career and VET News

It has been a busy start to term one. I am continuing to meet with students in years ten to twelve, to discuss their career aspirations and assist them to source the information that they require. All year twelve students have been sent a School Transition Checklist to assist them in preparing for a life after school. Job vacancies are starting to come in, so students need to check notices and the S11 noticeboard if they are interested in casual positions, school-based or full-time apprenticeships. Resumes will also need an update!



Congratulations to the following students who have secured a school-based apprenticeship this year.

- Mason Blaney Certificate III in Engineering Technical
- Logan Poggioli Certificate III in Diesel Fitting
- Stefanie Meaney Certificate III in Hairdressing
- Kirby Crimmins Certificate III in Plumbing
- Rhyanna Miller Certificate III in Business

Tips for parents

Generation Next has an article on <u>How parents can help students in the senior years of school</u> written by Andrew Fuller. The article states that parents have a vital role in helping students to:

- Manage time
- Manage energy
- Manage stress
- Manage to get everything in at the right time and in the right place.

This sounds like a big ask! Topics include:

- Developing a system time management planning
- Dealing with meltdowns and catastrophic thinking
- What to do when the system breaks down or when your child won't listen to you
- How to deal with the build up to exams

UQ: Future Experiences in Agriculture, Science and Technology (FEAST) - register now!

Registrations for Queensland's longest-running science camp are now open! Students in years eleven and twelve are invited to apply for the FEAST residential camp, being held at the UQ Gatton campus from Sunday 30 June - Thursday 3 July 2019. Students will experience hands-on workshops, exciting seminars and have the opportunity to immerse themselves in Agricultural, Scientific and Technological career options. For student registration or future information, please visit the <u>FEAST website</u>. Applications close 1 April 2019.

White Card Construction – Changes to Online training option

The Queensland Government has recently made changes to the online White Card training option. As from 1 February 2019 The Queensland White Card:

- courses will no longer be able to be delivered online.
- can ONLY be issued to students trained in Queensland.
- exemption will only be given to learners located at least 100KM away from the nearest RTO offering face to face delivery.

Click here for more information about these changes and how to get a White Card.

Mrs Carol Hoult

Middle Leader VET and Vocational Learning

choult@cns.catholic.edu.au

SHROVE TUESDAY AND ASH WEDNESDAY





The Social Justice Committee raised money for Caritas by selling pancakes during recess one and recess two.





Ash Wednesday





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OPEN EVENING

Monday 11 March 2019 5.30 pm - 6.30 pm

Students from all primary schools entering Year 7 in 2020 and beyond!

- Display of specialist areas
- Information about the college culture, curriculum and expectations
- Enrolment handbook
- Self-guided tour of facilities
- Scholarship information



College Captains for 2019: Jake Priestly, Jonah Williams, Kyrah Johnston and Deborah Hermanus.

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