# St Stephen's Catholic College



# St Stephen's News

Issue 11 - Term 3 - Wednesday 19 July 2017

Principal: Mrs Ida Pinese

Deputy Principal Curriculum: Ms Andrea Chiesa

Assistant Principal Religious Education: Mrs Laura Gilbert **Assistant Principal Administration**: Ms Anja van Hooydonk

Business Manager: Mr Hadyn Flynn

College Leader - Pastoral Care: Mr Matthew Draper



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# Work Experience - Year 10 - Future Aspirations!













In the last week of term two, year ten students participated in work placement. Not only were they exposed to the real world, but students had a wonderful experience. The college community is grateful to those work places that readily accepted our students in this very worthwhile activity. Pictured above from top left: Anthony Long, Skyla Sue, Sophie Viljoen, Kai Pendlebury, Andrew Close and Brooke Bing Chew (refer to page seven for more photos).

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Thursday 20 July Year 12 Legal Studies Excursion

Friday 21 July

Cairns Show Holiday

Monday 24 July

Student Free Day

Sunday 23 to Saturday 29 July

**Catholic Education Week** 

**Tuesday 25 July** 

2018 New Zealand Trip - Information Night

**Thursday 27 July** 

**Subject Selection Evening** 

Thursday 27 and Friday 28 July

10-12 Years District Athletics Carnival

**Tuesday 1 August** 

**ICAS** English

Tuesday 1 and Wednesday 2 August

13-19 Years District Athletics Carnival

Wednesday 30 August

**QCS** Test

Monday 4 to Friday 8 September

**Block Exams** 

Monday 11 to Thursday 14 September

Year 10 Work Experience

Friday 15 September

St Stephen's Day

# **CHESS CLUB**

with Mr Harnischfeger (Mr H)

Room: S5 - Monday, Tuesday,

Wednesday and Friday at Recess 2 and Thursday morning before school.

**EVERYONE IS WELCOME!** 



# SECOND HAND UNIFORMS

Second-hand uniforms donations are greatly appreciated.
Please leave at Student Services.
\$10.00 second-hand jumpers available.

# **TERM DATES 2017**

Term 3: 10 July - 15 September Term 4: 3 October - 24 November Year 12 - 17 November

# **ENROL NOW FOR 2018**

All new students must have an enrolment interview. This includes those who already have siblings attending St Stephen's Catholic College. Contact the office for more information. Phone: 4086 2523

### **ABSENTEE E-MAIL**

If your child is absent, please email absentee@sscc.qld.edu.au

#### **COLLECTION OF STUDENTS BY PARENTS**

Please note - collection of student by parents during the school day:

- Parents are to report to reception
- Students are to report to student services
- Students sign out before meeting parents at entrance to reception.

#### **CELEBRATING SUCCESS!**

Please inform the college if your child has achieved success in an extra-curricular activity not directly related to school, so that the college community can celebrate these achievements.

Please email Mrs Pinese (principal@sscc.qld. edu.au) with any information and photos.

#### **CHANGE OF EMAIL ADDRESS?**

To ensure communication is received, please advise the college if you have changed your email address. Please email the office office@sscc.qld.edu.au or phone 4086 2500.

# FROM THE PRINCIPAL

Dear Parents and Friends of St Stephen's

"Today, we need a Church capable of walking at people's side, of doing more than simply listening to them; a Church which accompanies them on their journey". (Pope Francis)

The theme of Catholic Education Week (23 July to 29 July), "Sharing the Journey", has been drawn from a number of quotes from Pope Francis, along with biblical references. In our school community, we encourage students to be aware of the challenges that all of us encounter on our personal journey and to remind them of the importance of appreciating and accepting our differences through tolerance and understanding. In a week when we celebrate our Catholic identity and the enormous contribution which teaching and non-teaching staff, students and parents make to our schools, we will attend the hosting of Catholic Education Week by the Diocese of Cairns at St Andrew's Catholic College in Redlynch on 26 July, followed by the Western Cluster Mass at St Thomas' on Friday 28 July. On the Friday evening, our Diocese will host the Docemus Awards in recognition of service to our school communities. Mr Bozzo, our Maintenance and Facilities Manager, and I are very honoured that we have been nominated for this award and we thank our college community for the nomination.

Our college has much to celebrate in terms of student success. Towards the end of term two. Elena Pilat and Ellana Spena from year eleven attended the Science Live Programme at Griffith University—an event for top achievers in the field of science. Also, in the last week of term two, our students demonstrated their resilience and team spirit with the Bill Turner Soccer and the Vicki Wilson Netball competitions. Not to be outdone, the Mountain Bike-riding team also achieved great success. Of course, the closely-contested Interhouse Athletics Carnival went to Muluridji Pastoral House for the third successive year! However, the most memorable experience was the awarding of the Pierre de Coubertin Award to Matthew Cheesman at a ceremony in Brisbane in the last weekend of the school holidays. To see so much young talent from around the state recognised for upholding the Olympic ideals of team work, respect for others and fair play, was an uplifting experience. As a tribute to NAIDOC week when Aboriginal and Torres Strait Islander history, culture and achievements are recognised

and celebrated, St Stephen's held a NAIDOC Week poster competition which was widely supported and displayed an abundance of talent and creativity.

Students' performance is favourably affected when there is a strong relationship between the school



and the home. The parent/teacher interviews last week were an opportunity for parents to have robust conversations about their child's progress. I thank those parents who availed themselves of this opportunity and encourage all parents to take advantage of this in the future. "Together we can do great things." (Mother Teresa)

Although St Stephen's has embraced multiculturalism through the enrolment of students from a variety of cultural backgrounds, over the past two weeks, we have hosted a student from USA and four students from France. There are so many benefits of interacting with people from other parts of the world and I'm certain our students have thoroughly enjoyed the experience.

As with any community, ours is often affected by sad events. I ask that you keep the members of our community who are finding life challenging at the moment, in your thoughts and prayers.

With Trust in the Lord

Mrs Ida Pinese | Principal principal@sscc.qld.edu.au

# NEW ZEALAND INFORMATION NIGHT

Parents and students are invited to attend an information night for the proposed New Zealand Ski Trip in 2018.

Tuesday 25 July 2017 5.30 pm in the Library

(Year eleven and twelve students only for 2018)

### FROM THE DEPUTY PRINCIPAL CURRICULUM

With the distribution of formal reports at the end of semester one, students have had the opportunity, over the semester break, to reflect on their performance, while setting new goals for improvement in semester two. Our year twelve students, in particular, need to remain focused and demonstrate a very committed work ethic in order to achieve their personal best. Reports are analysed by the Pastoral Leader of each year level, so that success can be celebrated and problems identified. This analysis of reports is beneficial in providing advice to students who need to review their subject choices. By the end of week two of this term, all subject changes should be finalised, so that students can focus on meeting their assessment commitments.

#### **Year 8 Subject Selections**

An information session for **current** year eight students who will be progressing to year nine in 2018, will be held on Thursday 27 July from 5.30 pm to 6.30 pm. Students will be issued with a handbook containing detailed information about the subjects available and a subject selection form.

#### **Year 10 Subject Selections**

An information session for **current** year ten students, who will be progressing to year eleven in 2018, will be held on the Thursday 27 July from 7.00 pm to 8.30 pm. It is imperative that parents and students attend, to gain further insight into the SET Plan (Senior Education and Training Plan) process and the requirements of the Queensland Certificate of Education (QCE). The evening provides an opportunity for students to explore potential subjects to be studied in their senior years, and seek advice on their pathway choices. On the evening students will receive a Senior Handbook and a subject selection form.

The final step in the subject selection process is an individual interview with each year ten student, their parent/s and one member of the school's Leadership Team to sign off on their SET Plan. This is to ensure that the student's subject selections are appropriate for their future ambition and individual learning style and to answer any remaining questions. Interviews will begin on Monday 14 August and are twenty minutes long. Parents will be able to book an interview using the same system for Parent Teacher Interviews. An email

will be sent to all year ten parents containing their login information after the subject selection evening. Alternatively, parents can contact Mrs Rosie Rantucci on 4086 2500 to make a booking. Students who are absent or unable to attend the information evening can collect the relevant information from student



services on their return to school. The P and F is offering a complimentary BBQ from 5.30 pm until 7.00 pm to all families attending the evening.

Forthcoming curriculum events include:

- 27 July and 7 August: All day QCS testing (Year twelve OP Eligible students)
- 16 to 18 August: Year eleven Biology Camp
- 29 and 30 August: QCS TEST (Year twelve OP Eligible students)
- 4 to 8 September: Year twelve Block Exams
- 11 to 11 September: Year ten Work Experience (voluntary)

Please contact me if you have any questions about the above events.

# Ms Andrea Chiesa Deputy Principal Curriculum

achiesa@sscc.qld.edu.au



### FROM THE ASSISTANT PRINCIPAL RELIGIOUS EDUCATION

#### **CATHOLIC EDUCATION WEEK**

Catholic Education Week is an opportunity for all Catholic schools to celebrate and promote their distinctive mission and ethos. The theme for this year's celebrations is "Sharing the Journey".

#### Pope Francis has said:

Today, we need a Church capable of walking at people's side, of doing more than simply listening to them; a Church which accompanies them on their journey. The whole journey of life is a journey of preparation...to see, to feel, to understand the beauty of what lies ahead, of

the homeland towards which we walk. What is important is the whole journey by which we arrive at the mission the Lord entrusts to us.



Students and staff will reflect on this message during our Catholic Education Week Assembly to be held on Tuesday 25 July. Representatives from our college will also attend the launch of Catholic Education Week at St Andrew's on Wednesday 26 July, as well as the Western Deanery Catholic Education Week Mass at St Thomas of Villanova, Church on Friday 28 July.

#### **NET TEAM VISITS**

The National Evangelisation Team (NET Ministries) will visit our college on Friday 28 July and Monday 31 July, to run Encounter Days with our year eight and year nine students as part of our Catholic Education Week Celebrations. NET Ministries is a Catholic, value-driven initiative which ministers to young people across Australia. Encounter Days aim to encourage a positive attitude towards faith, family, society and the Church and to enhance the self-esteem of each individual through their awareness of God's unconditional love. The NET team will lead students in experiential learning activities and games, will give personal testimonies, facilitate small group discussion and lead prayer experiences which explore the focus areas detailed below:

Year eight Encounter Day - Monday 31 July: Year eight students will explore what it means to have true respect, for themselves and for others, by looking at the example of Jesus' life and ministry.

Year nine Encounter Day - Friday 28 July: Year nine students will reflect on issues of self-worth, personal confidence and acceptance and consider what it means to be a daughter or son of God.

#### **SACRAMENTAL PREPARATION**

We continue to keep Amelia Dunn, Madison Penrose, Coleman Doyle, Rhett Pritchard and Taylah Phelan in our prayers as they prepare to receive their first Holy Communion during the first weekend of August.

# Mrs Laura Gilbert Assistant Principal Religious Education lqilbert1@sscc.qld.edu.au



### FROM THE COUNSELLOR

#### **EXCESSIVE USE OF SCREEN DEVICES**

Over the last few years, there has been an increase in the number of students struggling with anxiety and depression. Counsellors have noticed a link between increased anxiety and/or depression and excessive screen use. How much time does your child spend on social media and gaming, both on and off line?

A healthy level would be no more than four or five hours a week, not four or five hours a day or more. Some students are spending more time social networking and gaming than they do sleeping or attending school and studying. More and more students seem to be preoccupied with screens, instead of being engaged face to face socially and being active. Reduced activity levels are of concern to health professionals predicting increased burden on the health system. Adults can also be addicted to screen technology impacting on family communication and cohesion. Excessive screen use negatively impacts on quality of relationships.

Excessive screen time reduces face to face social interaction with a loss of ability to recognise non-verbal communication cues from others. This has a huge impact on family functioning and in the workplace. Workers with highly developed social skills will be the most sought after by employers. Exceptional social skills will be regarded more highly than qualifications. Recruitment practices already indicate this trend. Restricting screen time by setting limits during the school week is not enough. Limiting screen time on weekends and holidays is also important for mental and physical health. There are only twenty-four hours in any day. Too much time on screen devices results in not enough time for sleep, not enough meal time together as a family, not enough time for face to face interaction, not enough time outdoors and not enough time for physical activity.

Excessive screen use has a cascade effect on mental and physical health – increased anxiety and depression, reduced capacity to manage stress, sleep disorders, weakened immune system with increased susceptibility to illness, mental and physical fatigue, reduced motivation, persistence and resilience, impaired relationships, impaired concentration and learning, poor muscle tone, susceptibility to repetitive strain injuries, poor posture, muscular and skeletal problems and poor levels of physical fitness.

Current research is also raising concern about the impact on human health of long term exposure to electromagnetic radiation emitted from screen devices. Recent research has shown a link between the rapid increase in diagnosis of short-sightedness in young people and reduced exposure to outside



light. Too much time on screens reduces time spent outdoors.

#### **TIPS FOR PARENTS**

- Read the book "Breaking the Trance: A practical guide for parenting the screen dependent child" by G. Lynn and C. Johnson (highly recommended)
- Monitor your students screen use record daily screen time (use the app: 'RescueTime')
- Monitor social networking sites (be aware of risky sites such as Musical.ly)
- Monitor gaming, check game content and suitability
- Remove screen devices from bedrooms
- Turn off screen devices ninety minutes before bedtime
- Set limits and times for screen use
- Negotiate a study routine
- Allocate a place for study in a quiet but public area of the house
- Remember not all study requires a screen device
- Traditional study techniques are still important: text book reading, hand written note taking, revision, organisation and time management
- Check student planner/diary regularly for effective use
- Have ongoing conversations about the moral, ethical and safe use of screen devices
- Access www.cybersmart.gov.au/parents.aspx and www.esafety.gov.au for strategies and resources
- Access www.internetsafeeducation.com (lots of resources for parents and students, note the warning on risky apps like Musical.ly)
- Support a healthy lifestyle, practise good sleep hygiene (nine hours per night for adolescents and seven to eight hours nightly for adults), healthy eating and regular exercise. A healthy breakfast is a prerequisite for optimal learning.

Source: Gerry Collins, St Mary's Guidance Counsellor

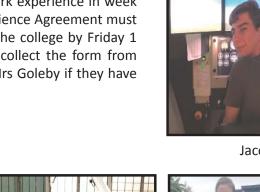
# FROM THE VOCATIONAL EDUCATION TRAINING OFFICER

Work experience assists students in their transition from school to work. It provides a formal arrangement whereby students participate in work activities at a place of voluntary work. It provides students with the opportunity to learn actively about people at work and to examine the work role they perform. Also,



students build connections and opportunities for school-based traineeships and apprenticeships, part-time work, and employment post-schooling. Thirty-eight year ten students participated in work experience at the end of term one. Students had some great experiences and enjoyed the opportunity to trial different occupations. Year ten students have a further opportunity to participate in work experience in week ten of term three. A Work Experience Agreement must be completed and returned to the college by Friday 1 September 2017. Students can collect the form from the S Block Staff room, or see Mrs Goleby if they have any questions.

Mrs Julie Goleby VET Officer jgoleby@sscc.qld.edu.au







Lucia Puglisi and Daniela Montagner





Jacob Gegg and Jake Priestly









From left to right: Kayla Gladman, Elloise Liaver, Arwen Rose and Nicola Jennings







From left to right: Mackenzie Booth, Benjamin Struthers, Serg Battistin and Chelsey Manitta

# FROM THE MIDDLE LEADER CURRICULUM - ENGLISH

The study of English helps create confident communicators, imaginative thinkers and informed citizens. It is through the study of English that individuals learn to analyse, understand, communicate with and build relationships with others and with the world around them. English also helps students to engage imaginatively and critically with literature to expand the scope of their experience (ACARA).

In English classes at St Stephen's, students study a wide range of classic and contemporary literature that has the potential to enrich their scope of experience. When studying texts, students explore and discuss themes, characterisation, text structure, vocabulary and

techniques used by authors to entertain and challenge readers. This semester, English students will study the following texts, some of which may be recognised by parents as having enduring literary influence!



- Trash by Andy Mulligan
- A Long Walk to Water by Linda Sue Park
- *Lockie Leonard Scumbuster* by Tim Winton
- My Life as an Alphabet by Barry Jonsberg
- Don't Call me Ishmael by Michael Gerard Bauer

#### Year eight:

- The Ratcatcher's Daughter by Pamela Rushby
- Tomorrow When The War Began by John Marsden
- Soldier on the Hill by Jacquie French
- Wonder by E.J Palacio

#### Year nine:

Intruder by Christine Bongers

#### Year ten:

Romeo and Juliet by William Shakespeare

#### Year eleven:

- Macbeth by William Shakespeare
- The Great Gatsby by F. Scott Fitzgerald

#### Year twelve:

- The Giver (film based on novel by Lois Lowry)
- 1984 by George Orwell

**Mrs Tammy Schincariol** Middle Leader Curriculum - English tschincari@sscc.qld.edu.au









# FROM THE MIDDLE LEADER PASTORAL - YEAR EIGHT

#### Welcome back to Semester Two!

It is wonderful to see the year eight students grow and mature and become more independent learners. As part of their independence, students will select the elective subjects that they will study in year nine. When making their decisions, students might consider their interests, what they are good at, their past performance and future career options. On Thursday, 27 July at 5.30 pm, year eight's will take part in the subject selection evening and have an opportunity to meet with Curriculum Leaders in each elective subject to gain a more thorough understanding of the subject choices they may undertake for 2018. This is a very important evening for our year eight students and RSVP is essential.

Students have now received their semester one report card and should take time to reflect on their results and effort. Many students have performed well and are working at their best. In recognition of student's achievements, on Wednesday 26 July, there will be a special luncheon for students who have received an Overall Academic Achievement of an 'A' or 'excellent' for work ethics in four or more core subjects. Invitations were given out earlier this week. This is a great opportunity to acknowledge our students and I thoroughly enjoyed looking through their semester one report cards last week. Many year eight students have worked well and deserve to be commended for their efforts.

If some students feel they have under-performed in semester one, here are some tips to help maintain and improve grades:

- 1) Adopt a positive mental attitude
- 2) Work out where you're falling short
- 3) Talk to your teachers
- 4) Pay more attention in class and ask questions
- 5) Start organising your life
- 6) Improve note-taking skills
- 7) Find the right learning and study style for you
- 8) Improve your memory
- 9) Stop procrastinating
- 10) Allow plenty of time for revision
- 11) Make learning more fun

https://www.oxford-royale.co.uk/articles/improve-underperforming-grades.html

It is important for students to develop good work habits early. Please contact the classroom teacher or myself if you have any concerns.

Term three will be a busy and productive one with many important events happening such as District Athletics, Subject Selection Evening



and then finishing off with St Stephen's Day on the last day of term. Please note that the year eight Community Day will now happen on Friday 6 October (week one, term four).

I look forward to another successful and positive term.

Mrs Jayarani Salerno Middle Leader Pastoral - Year Eight jsalerno@sscc.qld.edu.au



#### Year 8

Subject Selection Evening – Thursday 27 July Community Day – Friday 6 October

#### Year 7 Camp

Girls: Monday 14 August – Wednesday 16 August Boys: Wednesday 16 August – Friday 18 August



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# FROM THE MIDDLE LEADER PASTORAL - YEAR TEN

Semester two has commenced with a flurry. I ask that parents be mindful of the following key areas for all year ten students:

- Subject Selection evening Thursday 27 July
- Year ten camp to Lake Tinaroo Outdoor Recreation Centre Monday 21 to Wednesday 23 August (leaving and returning in regular school hours; overnight stay 21 and 22 August)
- District Athletics Carnival Tuesday 1 August
- SET Planning 14 to 25 August (Senior Education and Training Plan) ie: selecting subjects for years eleven and twelve
- St Stephen's Day Friday 15 September
- Assessment calendar
- Other subject-specific activities and events

#### **Supporting Children Online**

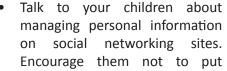
The opportunity was taken at this week's assembly (year nine and ten only) to revisit some legal obligations around cybersafety and online bullying and harassment. This follows a couple of incidents recently where students have come to me for advice after coming across what they thought was online bullying. Thankfully, it was more a misunderstanding, but full credit to them for following it up and choosing not to respond via a further text message.

As a valuable reminder though, if you as parents have serious concerns for your child's online safety and/or wellbeing, it is always an option to report serious cases to local police. While minor cases may be managed at a school level (ie: if the case has found its way into the college, affecting students at school, and involves minor relationship issues), serious instances of cyberbullying and inappropriate online behaviour may constitute a criminal offence and therefore become a police matter. For example, some online content may substantiate the offence of 'using a carriage service to menace, harass or cause offence' (Criminal Code Act 1995).

I encourage all parents to be keep up to date with what's legal and what's not. A search of the internet will reveal a wide variety of support information around cybersafety and responsible and safe use of online communication tools (ie: facebook, text messages, email, snapchat, selfies, etc).

One site I came across suggests that parents need to discuss the consequences of a negative digital reputation with their children. In order to protect their

reputation, both online and offline, young people need to consider how they manage their own and others' messages and images.





any personal information on their profiles. This includes their phone number, personal email address, home or school addresses, or the name of their school.

- Remind your children that much of what they do online can be made public, and may go beyond the group of friends they intend it to reach. A good general guide is for young people not to post photos that they would not want strangers to see.
- Encourage your children to be careful when they post photos and to consider how what they post might be viewed by others.
- Talk to your children about the potential social, academic, employment and legal implications of posting inappropriate material of themselves or others online. Encourage them to think about who might see the content and what the impact might be, now and in the future.
- Remind them to take care with others' digital reputations. They should not post images of others without their permission and should take care with comments about others.

#### **Recognition of Student Success**

Congratulations to those year ten students who have been invited to a lunch in recognition of their achievements in semester one. The college formally recognises students who achieve outstanding results in Overall Achievement and/or Work Ethic on their semester one report cards. Invitations have been issued to eligible students, with parents also being notified.

Please do not hesitate to communicate with me (via email, phone, meeting) should you have any questions or concerns regarding your child's wellbeing or education.

All the best for a safe and positive term three.

Mr Paul MacCallum Middle Leader Pastoral - Year Ten pmaccallum@sscc.qld.edu.au

## SCIENCE LIVE - ELLANA SPENA AND ELENA PILAT

In the last week of term two, we were two of nine students from the Atherton Tablelands who travelled to Brisbane to participate in the Science Live Project held at Griffith University. During this trip, we spent two days with PhD researchers and other reputable scientists and technology professors at both the Nathan and Gold Coast campuses to participate in engaging and educational activities.

On Monday, we travelled to the Gold Coast Drug Institution and met pharmacologist Dr Gary Grant, who led the activities. This included an interesting information session on the different medicinal drugs that exist and how they are to be effectively used. One of the many facts that we learnt, is that giving dogs chocolate and cheese has the same effect as giving them methamphetamine. We were also able to work with virtual drug discovery technology, including glasses, that projected a computer screen onto the lenses and hand recognition technology to control the movement of a virtual skeleton. A tour of the campus followed, including a visit to several pharmacy testing labs that contain billions of dollars' worth of equipment for creating drugs. Our concluding activity was using a virtual lab to diagnose an illness using methods that are practised by scientists and medical professionals today.

For Tuesday's activities, we stayed at the Nathan campus to visit the Griffith Institute for Drug Discovery (GRIDD), which is a research foundation. Upon arrival, we met George Mellick, the Head at GRIDD, who also happens to be from Mareeba. Once joining with the other students, we separated into four groups that completed four activities run by specialised PhD students and graduates. The activities were a tour of GRIDD, which helped us to gain an insight in the latest drug discoveries, including the first spinal cord cure that proved successful on humans; an activity where we were able to prepare blood smears and count parasites; a plant compound extraction, to replicate what is often done when in the process of creating a new drug; and thin layer chromatography, which is a process used to separate materials and to identify and distinguish between different drugs and their properties.

On our final day, we were able to meet and join some of the Lions Club members who had assisted in making this trip possible, and we were able to personally thank them for creating such opportunities for interested students. We would also like to extend our greatest gratitude for our local Lion's Club for sponsoring us. For the remainder of our stay in Brisbane, we explored the eco centre and acquired a taste for environmental science.

Throughout the trip, we also had time to explore Brisbane, including taking a trip to enjoy Nitrogenie ice-cream and the Wheel of Brisbane at Southbank, as well as a trip to Skyzone. We are both grateful for this incredible experience and all the knowledge we gained, and we hope that this programme continues into the future, so

other students can also take part.





Ellana Spena and Elena Pilat



# MULURIDJI Two years in a row, Three Carnival wins!

Muluridji earns the 2017 carnival trifecta again this year, narrowly defeating Deacon. All teams had exceptionally high levels of participation, which ultimately won it for the green machine! The pre-carnival events were a big hit with student spectators and created an exciting build up for a tremendous carnival to finish term two. There were many outstanding achievements amongst all age groups and many records were broken.



Although we are still a young college, some of these results should stay for decades. A very special thanks must go to all the parents and friends who came to support the students and, in particular, the staff who helped make the event such a success.

#### THE DISTRICT CARNIVALS ARE AS FOLLOWS:

10-12 years Mareeba District Athletics Thursday 27 and Friday 28 July at Mareeba State School

#### 13-19 years Tablelands District Athletics

Tuesday 1 and Wednesday 2 August at Malanda State High School

St Stephen's Catholic College has been very successful at the district carnivals in recent years and many students have had the opportunity to trial for Peninsula Regional selection. Students and parents are advised to visit the following link for further information about Peninsula trials, events and standards (https://peninsulaschoolsport.eq.edu.au/Pages/default.aspx)

Students have been selected based on the following results from our school athletics carnival:

- 1500 metre and 800 metre First, Second and Third
- 400 metre, 200 metre and 100 metre First
- 4 x 100 metre Relay First, Second, Third and Fourth in the 100 metre
- All Field Events First and Second

## Mr Aaron O'Neill Middle Leader Curriculum - Sports and Activities aoneill1@sscc.qld.gov.au



Victorious Muluridji!



<sup>\*\*</sup> Please note some students were absent from the carnival and submitted an exemption form before the carnival with their results. Some of these students have been selected to represent the college.















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Age/Gender	Student/Team	Event Details and New Record
Boys - 13 Years	Nicholas Fogale	1500 Metre Run - 5:21:40
Girls – 14 Years	Jane Close	1500 Metre Run - 5:43:81
Boys - Open	Matthew Cheesman	1500 Metre Run - 4:35:90
Boys - 14 Years	Tyler lus	100 Metre Sprint - 11:30
Girls – 15 Years	Sophie Raciti	100 Metre Sprint - 13:37
Boys - 16 Years	Liam Eastgate-Hards	100 Metre Sprint - 10:92
Boys - 12 Years	Ryan Johnston	200 Metre Sprint - 24:96
Girls – 13 Years	Tonia-Marie Rantucci	200 Metre Sprint - 28:04
Boys - 14 Years	Tyler lus	200 Metre Sprint - 24:77
Boys - 16 Years	Liam Eastgate-Hards	200 Metre Sprint - 23:94
Girls – 13 Years	Dinithi Heenkenda	400 Metre Sprint - 1:08:27
Boys - 16 Years	Liam Eastgate-Hards	400 Metre Sprint - 54:08
Boys – Open	Matthew Cheesman	400 Metre Sprint - 55:40
Girls – 13 Years	Dinithi Heenkenda	800 Metre Sprint - 2:38:43
Girls – 14 Years	Jane Close	800 Metre Sprint - 2:49:24
Girls – 13 Years	Tonia-Marie Rantucci	Triple Jump – 9.55 metres
Boys - 14 Years	Deane Alterio	Triple Jump – 10.69 metres
Boys - 16 Years	Sam Daniell	Triple Jump – 11.74 metres
Boys - 15 Years	David Pedro	Discus Throw (1kg) - 36.00 metres
Girls – Open	Sara Liaver	Discus Throw (1kg) - 26.80 metres
Girls – 12 Years	Abby Taylor	Javelin Throw (400g) - 16.10 metres
Girls – 16 Years	Elena Pilat	Javelin Throw (500g) - 30.72 metres
Girls – Open	Dayna Poggioli	Javelin Throw (500g) - 27.20 metres
Boys - 14 Years	Lachlan Moss	Shot Put (4kg) - 14.19 metres
Girls – 15 Years	Sophie Raciti	Shot Put (3kg) - 10.97 metres
Girls – Open	Sara Liaver	Shot Put (3kg) - 10.00 metres
Girls – 12 Years	Abby Taylor	High Jump – 1.25 metres
Boys – 12 Years	Ryan Johnston	High Jump – 1.39 metres
Girls – 14 Years	Isabella Cuda	High Jump - 1.42 metres
Girls – 15 Years	Olivia Bannink	High Jump – 1.45 metres
Boys – 15 Years	Joshua Liebold	High Jump – 1.73 metres
Boys - 16 Years	Ayden Fulton	High Jump – 1.76 metres
Boys - Open	Jonah Hastie-Hooley	High Jump - 1.78 metres
Girls – 13 Years	Tonia Marie-Rantucci	Long Jump – 4.03 metres
Boys - 14 Years	Deane Alterio	Long Jump - 5.43 metres
Boys - 16 Years	Sam Daniell	Long Jump - 5.82 metres
Boys – 12 Years	Deacon	4 x 100 Metre Relay - 1:02:90
Girls – 13 Years	Deacon	4 x 100 Metre Relay - 1:00:70
Girls – 15 Years	McAuley	4 x 100 Metre Relay - 59:99
Girls – 16 Years	Muluridji	4 x 100 Metre Relay - 58:98
Boys – 16 Years	Deacon	4 x 100 Metre Relay - 49:52
Girls – Open	Muluridji	4 x 100 Metre Relay - 1:01:37













# STUDENT SUCCESS STORY ANTHONY LONG

Year ten student, Anthony Long plays for the Port Douglas Basketball Myths and Legends A Grade Men's team and they recently won the Season 1 A Grade men's Grand Final. Here is Anthony accepting his medal. Congratulations Anthony!



# STUDENT SUCCESS STORY DANIEL PEDRO

Year eleven student, Daniel Pedro recently joined forces with other students from the region to participate in the Confraternity Rugby League Carnival. Daniel had a great week and was an integral part of the team.



#### STUDENT SUCCESS STORY - JAMIE HEWITT - TOMS

Year nine student, Jamie Hewitt-Toms recently represented St Stephen's Catholic College at the State Equestrian Inter-School Showjumping and Dressage Competition held in Toowoomba. She competed in the very competitive 110cm showjumping class and received Reserve Champion, just missing out on Champion through a count back. She rode in the bigger (44 riders) 100cm class where she placed 4th overall. These two results mean she has now been asked to compete for Queensland at the National Interschool Championships in Toowoomba in September. Jamie also travelled to Beaudesert where she competed in the Pony Club State Dressage and Combined Training, (her class was 13 and under 26 years) and is now the State Champion in both these classes and also is one of the top four (4) riders in the dressage to be named in the Pony Club State Team. Congratulations Jamie!



### STUDENT SUCCESS STORY - EUGENIO BAMBINO

Year eleven student, Eugenio Bambino has been invited to be a referee at the U15 State School Titles being held at Trinity Beach. Eugenio is a very passionate referee and as such, has put hours of time into the development of his skills. In terms of being a referee, it is also quite a personal achievement for Eugenio, as he has skipped a level by not going to the U12's and heading straight into a State Tournament at a higher ranking. It is quite likely that Eugenio will be one of the youngest referees at this event. However his mentors and coaches feel he is ready mentally and physically for the challenge. His sister, Natalie who completed year twelve last year, continues to achieve her goals in this field and also has been invited to also attend this event as a referee.





# **MONDAY**

Chicken Fillet Burgers - \$4.50

# **WEDNESDAY**

Roast Beef and Gravy Rolls - \$4.50

# **THURSDAY**

Burgers - \$5.00

# **FRIDAY**

**Calzones - \$6.00** 

Ham and Cheese
Ham, Cheese and Pineapple
Chicken and Cheese
Vegetable
Meat Lovers

**TERM 3 - 2017** 

# MULTICULTURAL TUESDAY

# **AUSTRALIAN**

Weeks 1, 5 and 9

Pies - \$4.50

Sausage Rolls - \$2.00

# **CHINESE**

Weeks 2, 6 and 10

Fried Rice - \$4.50

# **JAPANESE**

Weeks 3 and 7

Golden Curry on Rice - \$5.00

# **GREEK**

Weeks 4 and 8

Lamb Wraps - \$5.00



The University of Queensland Secondary School Surf League Program has been created to introduce students to surf life saving skills and competition, whether they are a lifesaver or not. The format of the league will certainly challenge students and will enable students to test their abilities against themselves, the environment and students from other schools across Queensland. The UQ Secondary School Surf League will encompass activities relating to surf swimming, beach sprints and flags, board paddling and rescue disciplines.

**Date:** Thursday 14<sup>th</sup> September (Term 3, Week 10)

Time: 9:00am – 2:30pm Venue: Yorkeys Knob Beach





If you are interested in participating please contact your PE Department for more information.

UQ SECONDARY SCHOOL SURF LEAGUE





# WELCOME TO AVS FOOTBALL ACADEMY



AVS Founder Alex Srhoj 0403343692 alex@avsfa.com.au





Well Women's Clinic (These clinics are available to Medicare eligible clients)

Mareeba Hospital – Thursday 3<sup>rd</sup> August 2017 Ph: 4092 9311 All services are provided by a specially trained Women's Health Nurse.