

St Stephen's News

Issue 3 - Term 1 Wednesday, 04 March 2015

Principal: Mrs Ida Pinese

Deputy Principal Curriculum: Ms Andrea Chiesa **Assistant Principal Administration:** Mr Lance Helms

Business Manager: Mr Hadyn Flynn

Speaking Out

Last Saturday evening, five students represented St Stephen's Catholic College at the Lions Youth of the Year in Mareeba. Tiarne Reedy, Alexandria Struthers, Kate Wilcox, Joshua Priestly and William Snell all did extremely well with their prepared and impromptu speeches. Tiarne (Year 12) won the Lions Youth of the Year overall and Kate (Year 11) received the Public Speaking Award. Ashley Rains (Year 11) also competed in the Atherton Lions Youth of the Year last month. These students were great ambassadors for the college.

Right: Mr Graham Sweeper, President, Mareeba Lions, Tiarne Reedy, Kate Wilcox and Mr Gilbert Tietzel, Youth of the Year Chairman.



Principal Mrs Ida Pinese, Kate Wilcox, Tiarne Reedy, Alexandria Struthers, Joshua Priestly, William Snell and Mrs Anne Saunders.





Ashley Rains.

ST STEPHEN'S CATHOLIC COLLEGE

OPEN EVENING

For students entering Year 7 in 2016 and beyond!

Tuesday, March 10 2015 5.30 pm - 6.30 pm

Lot 3, McIver Road, Mareeba PO Box 624 Mareeba Qld 4880 Office Hours: 7.45am - 3.45pm Monday - Friday ABN: 42 498 340 094 **Telephone:** (07) 4086 2500 **Fax:** (07) 4092 4333

Email: office@sscc.qld.edu.au **Website:** www.sscc.qld.edu.au

NOTICES

IMPORTANT DATES:

06 March College Swimming Carnival

10 March Open Night

16 March Year 8 & 10 Immunisations

23 - 27 March Exam Week
30 March - 1 April Year 12 Retreat
02 April Easter Liturgy
03 April Good Friday

TERM DATES 2015

Term One: January 27 - April 2

Term Two: April 20 - June 26

Term Three: July 13 - September 18

Term Four: October 6 - November 20 (Year 12)

October 6 - November 27 (Year 7 - 11)

DATE CLAIMER:

Year 12 Formal

Friday, 9 October 2015 Mareeba International Club

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Mathematics Tuition

Students seeking help with their Maths may attend a tuition/homework class on Tuesday and Thursday lunch time in \$5 classroom.

Mr Ellison will be in attendance on Tuesdays and Miss Sugars will be in attendance on Thursdays to assist students at both Junior and Senior levels with any difficulties they may be experiencing.

A roll of attendance will be kept for these sessions.

Invitation to Parents and Friends

St Stephen's Catholic College

Swimming Carnival

DATE: Friday, 6 March, 2015

LOCATION: Mareeba Swimming Pool

TIME: 9.00 am - 2.30 pm

PARTICIPATION: All students are expected to attend the carnival and to participate in the splash-n-dash event for participation points for their Pastoral House. Students unable to swim on the day must have a note from a parent / guardian and provide it to their homeroom teacher on Friday morning. All students who will be absent must have a valid reason conveyed to the Principal prior to the carnival.

TRAVEL: Buses will transport students to the Mareeba Swimming Pool after homeroom in the morning (9.00 am) and return students by 2.50 pm. This will enable students to catch their regular buses.

DRESS: Students are expected to wear their sports uniform. If they are competing in an event, they are to wear their swimmers underneath their uniform to school. Coloured sunscreens in house colours are permitted at the pool but are not to be worn to school. There is to be no coloured hair. Sports joggers must be worn to school that day. Students may change into thongs at the pool. They are required to wear their bucket hat or blue hat and their sports uniform shirt between events. Students are required to change back into their sports uniform and remove coloured sunscreen before returning to school.

CANTEEN: The canteen at the pool will be open selling snacks and drinks. The Wheelbarrow Race committee will be holding a fundraiser BBQ lunch. Sausage sizzle will be \$2.00 and hamburgers \$4.00. Students are advised to bring their own drink bottle as there are no drinking tap facilities at the pool.

Deanne Morrow
Program Middle Leader (Sport & Activities)

FROM THE Principal

Dear Parents, Carers and Friends of St Stephen's

During this Lent, then, brothers and sisters, let us all ask the Lord: "Fac cor nostrum secundum cor tuum": Make our hearts like yours (Litany of the Sacred Heart of Jesus). In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalisation of indifference. (Message of His Holiness, Pope Francis: Lent, 2015)

At last Monday's assembly, students were strongly encouraged to demonstrate gratitude for all the blessings that they have and to reflect on the hardship suffered by the 51 million refugees in the world today, half of whom are children. In keeping with the message from Pope Francis during this season of Lent, they were urged to show empathy for the plight of those less fortunate and to be kind and selfless in their interactions with each other and generous in their contribution to Project Compassion.

In the preoccupation with our everyday lives, it is easy to become indifferent to the suffering of others, whether it is on our doorstep or in a foreign land. The 25 million children who are refugees do not enjoy the basic rights to food, shelter and an education. They are not complaining about not having the latest iphone or refusing to come to school. Their main worry on a daily basis is about the next meal they will have and where they will shelter for the night. It is important that we express our gratitude for all that we have, and also reflect on how difficult life is for so many people in the world, including the marginalised who live in our community.

Our mission statement seeks to develop compassionate whole people who are morally autonomous and have an awareness of God's presence. (SSCC Mission Statement) It is refreshing to witness instances where our students are providing support for each other, be it in helping a student with schoolwork, training for the Wheelbarrow Race as a team, celebrating a birthday or welcoming a new student to our St Stephen's family. In performing these good works they are following in Jesus' footsteps and being active participants in the Lenten journey. They are also role models for those students who find it challenging to embrace the culture of our college and whose thoughtless actions detract from the nurturing environment that promotes respect, responsibility and confidence.

Over the past few weeks, there have been many times when our students have risen to the occasion and proudly represented our college in a variety of ways. For stepping out of their comfort zone and attending the Far North Queensland Constitutional Convention, we congratulate the following students: Timothy Fraser, Jacob Alison, Mellory Aitken and Mathilde Gargan. With the assistance of Mr Greene and Mr Miller, they represented St Stephen's with confidence and pride. In the same week, the Social Justice Committee cooked pancakes for Shrove Tuesday and raised money for Caritas. As in past years, Mrs Bernardi, our Hospitality teacher, generously assisted the students to cook up a storm! At the Lions Youth of the Year competition held in Atherton and Mareeba, several of our students (Joshua Priestly, Alexandria Struthers, William Snell, Tiarne Reedy, Kate Wilcox and Ashley Rains), spoke confidently and passionately about their chosen topics and demonstrated resilience under pressure during their impromptu speeches.





A very important date claimer in the college calendar is the Inter-house Swimming Carnival. Our Pastoral House Captains have been working very hard to ignite college spirit for this sporting occasion. Events such as this are important for fostering our culture of working together to achieve a common goal and all students are reminded that attendance is compulsory. There is a myriad of ways in which team members can contribute to the success of the day and I strongly urge parents to support us in ensuring that their children attend.

In order to showcase our college to prospective students, there will be an OPEN EVENING on Tuesday 10 March from 5.30 pm to 6.30 pm. This is a great opportunity to visit displays, tour college facilities and ask questions about the varied curriculum being offered at St Stephen's. The evening marks the start of the enrolment process for 2016 and parents are encouraged to arrange an interview appointment before 2 April, even though the actual interview may take place at a later date. There will be interviews available on Saturday 14 March and 28 March for those parents who find this time more suitable.

I would like to commend our newest arrivals—the 2015 years 7 and 8 cohorts on the enthusiastic manner in which they have engaged with secondary schooling. By far our largest intake at 190 students, they have settled well into our college routines and are interacting very positively with each other and making new friends. New families are very welcome at our P & F meetings where constructive feedback is valued. The following poem, UNITY, so eloquently captures the importance of working together as a team of parents and educators.

Trust in the Lord

Mrs Ida Pinese **Principal**principal@sscc.qld.edu.au

UNITY

I dreamed I stood in a studio
And watched two sculptors there.
The clay they used was a young child's mind
And they fashioned it with care.
One was a teacher; the tools being used,
Were books and music and art,
One a parent with a guiding hand
And a gentle, loving heart.

Day after day the teacher toiled
With touch that was deft and sure,
While the parent laboured just as hard
And polished and smoothed it o'er.
When at last their task was done
They were proud of what they had wrought,
For the things they had moulded into the child
Could neither be sold or bought.

And both agreed they would have failed
If they had worked alone:
For behind the parents stood the school
And behind the teacher, the home. (Anon)

FROM THE

Deputy Principal Curriculum

We are already halfway through Term 1 and I know that many families

are keen on planning their holidays. As teachers, we are very aware that the prices of flights and accommodation are much higher during school holidays and we empathise with families that would like to save a bit of cash by having a holiday during term time. However, there are ramifications for students when they miss school during term time, no matter the reason.

We have recently been informed by many parents that they will be withdrawing their children from school for extended periods of time during the school year. All parents must understand that the disruption to their child's learning will most likely have negative consequences on their academic results.

Assignments still have to be submitted on or before the due date and exams will need to be completed upon the student's return to school. It is likely that the student will have significant gaps in his/her learning, which will impact the student's grade accordingly. Teachers are not expected to plan study material in advance for these students, but will be able to convey which chapters or texts the student will be responsible for knowing once returning to school.

The following dates signify important curriculum events:

- Mid-semester test week: 23 to 27 March
- Mailing of interim reports and parent/teacher interview information: 2 April
- NAPLAN test for Year 7 and 9 students: 12, 13, and 14 May (please avoid making medical/ dental or other appointments during this time)

Thank you for your continued efforts in supporting your children to do their best.

Andrea Chiesa

Deputy Principal (Curriculum)

AChiesa@sscc.qld.edu.au

FROM THE

Assistant Principal Administration

Crossing McIver Road: We have recently had a few mishaps involving

students crossing McIver Road; therefore, to ensure the safety of these students, we are now requiring them to exit the school grounds at either the western side of the bus area (there is a pathway to keep the students away from bus traffic) or at the gate on the northern side of the students' car park, walking east, and crossing McIver Rd at the crosswalk near Cater Road. In the morning, students who cross McIver Rd should be doing so at these locations as well.

The front gate that the students have been using will be locked from now on. We will endeavour to remind students of the appropriate places for crossing, and we appreciate all parental assistance in this matter. Please see the map below for clarification.



St Stephen's Catholic College Swimming Carnival:

On Friday, all students are allowed to wear their sports uniform. They are to come to school as per normal for roll marking, and they will be transported to the Mareeba Swimming Pool. The carnival will end at approximately 2.30 pm, and the students will be transported back to school in time for them to catch normal buses. If parents wish to collect their children from the pool, they must make contact with the person in charge of the pastoral house at the pool for roll marking purpose: Augustine - Mr Herrald; Deacon – Mrs Ison; McAuley – Mr Donovan; Muluridji - Mrs Jackson. These teachers will also be collecting any notes that students may have regarding other matters. Please see these teachers before 2.00 pm to inform them that you will be taking your children from the pool.

The District Swimming Carnival will be held Friday, 13 March. Letters will go home March 10 notifying parents if their child was selected.

Water Bottles: Just a gentle reminder that all students should have water bottles. It is very important that students keep themselves hydrated throughout the day.

God bless

Lance Helms

Assistant Principal (Administration/Pastoral)

LHelms@sscc.qld.edu.au

FROM THE Guidance

CounsellorBeing a Friend versus Being a Parent



It is interesting the number of people, both children and adults alike, who believe that a Mum or Dad should be a friend in preference to being a parent. The job of being a parent is so much more than being a friend and holds a great deal of responsibility.

What does being a Parent mean?

- Being there for your child to talk with them, take them places, stay up late waiting for them to come home to know they are safe, helping them with homework that sometimes is beyond your own knowledge, having school meetings with teachers, preparing lunches for years on end (this alone would test any friendship).
- Being with them to celebrate the good times but also to help them through the difficult times (and at times, the difficult times outweigh the good times).
- Even when they say "I hate you", you give them unconditional love by answering 'I love you' (not many friends would last the distance if they felt unloved).
- Using tough love when needed (letting them know when they have done the wrong thing; getting them to take responsibility for their actions; setting limits).
- Letting them know what they are doing well but also letting them know what they may need to improve on (which they may not want to hear).
- Being honest but not harsh e.g. if an outfit is inappropriate, who better to tell them than a parent? (a friend most probably wouldn't).
- Being the shoulder to cry on but eager to talk through the issue causing the problem.
- Modelling good behaviour and educating your child with skills needed for them to be ready for living in the community.
- In drastic times dropping everything and coming to their aid at these times, putting their needs before your own.

It takes more than a friend to be a parent. It takes love, commitment, selflessness, and endurance. Let's congratulate ourselves for lasting the distance.

Michelle Hall - **Guidance Counsellor** *mhall3@sscc.qld.edu.au*

YEAR 12 NEWS

Dear Parents and Carers,

The year 12's have returned in 2015 with determination and zeal. This is the year where all their hard work



pays off. I feel incredibly proud to shepherd these young men and women off into adulthood. A few housekeeping items to start with:

All year 12's must ensure they get to their lessons on time (by the second bell of that period). I have noticed that some of the cohort are a little tardy when getting to lessons on time. Please ensure that, for the learning of others, this is addressed. A reminder to keep basketballs in hand around learning areas. Students and teachers are often engaged in activities during recess and bouncing balls provide unneeded distractions. Student Record Books are not rigorously checked this year as we value the independence of Year 12's. It is important that this official document is used for communication between parents and staff, and that students regularly organize their week using this valuable resource.

Finally, Week 10 of this term is the Year 12 Retreat (March 30 to April 1). The theme for retreat is 'Life's Journey'. I anticipate a fantastic time with the cohort and am thoroughly looking forward to it. If any families are going to be away during this last week, please email me at rbaker@sscc.qld.edu.au so that I can finalize numbers. As always, if you have any concerns then please feel free to contact me.

Richard Baker

Middle Leader Pastoral – Year 12





It has been said that "reading is to the mind what exercise is for the body" (Sir Richard Steele). Few would argue that reading is a critical factor in the



development of all aspects of language ability. Reading develops the mind, fuels the imagination, expands vocabulary knowledge and exposes students to the way language features are used to entertain, inform and influence readers. The importance of reading in developing effective communication skills, and in daily human interaction, cannot be overstated. At St Stephen's, students in Years 7 and 8 participate in a Wide Reading Program where they borrow books regularly, and are provided with opportunities to explore the many pleasures to be found in a book. Students in Year 9 also borrow books during English lessons and are encouraged to read a wide variety of texts on a regular basis. All students should be reading regularly in order to improve their ability in all areas of the English curriculum.



In English, students are also engaged in the writing process and "create structured texts for a range of purposes and audiences" (Australian Curriculum: English,

2015). In order to compose well-structured, effective texts, it is essential that students plan and edit their written work by creating a first draft. It is for this reason that drafts in English are compulsory. Parents will be notified, and consequences issued, if students do not submit drafts for assessment tasks in English. Within a draft, basic structure and content can be established and the drafting process allows students the opportunity to receive feedback to enhance the quality of their final submission. In the words of famous author, William Faulkner, "Get it down. Take chances. It may be bad, but it's the only way you can do anything really good."

Tammy Schincariol

Curriculum Leader – English

TSchincari@sscc.qld.edu.au

Chess News

Last Thursday, St Stephen's sent eighteen students to the first round of the Gardiner Interschool Chess Tournament which was held at Trinity Anglican School (White Rock). In the club championships, St Stephen's 1 team (Tom Gargan, Aaron Bryce, Hunter Liebold and Trey Jones) finished 3rd, narrowly missing out on 2nd place after a countback with TAS. In the individual standings, Caleb Shorey (Year 7) finished in 2nd place overall with 6 wins from 7 games, which is an outstanding result for a Year 7 student playing for the first time in the secondary competition. William Snell (4.5), Tom Gargan (5), Hunter Liebold (5), Aaron Bryce (5.5) and Trey Jones (5) all received merit ribbons for recording 4.5 wins or more from their 7 games. Milan Bagic scored 4.5 wins from 7 games and received a merit award in the chess news. For the full set of results, please visit www.gardinerchess.com.au/ interschool-chess-results/. The second round will be held in Cairns on Thursday 4 June.

Special thank you to Mr Harnischfeger for volunteering his time to assist our team.

Chris Ellison
Chess Coordinator





2015 Great Wheelbarrow Race Sponsorship

Training and preparation for this year's Wheelbarrow Race is underway. This year, the St Stephen's team will support Caritas Australia as their chosen charity. St Stephen's students feel it is imperative they raise awareness and funds for this worthy organisation which continue to provide emergency assistance to people who are in urgent need of humanitarian aid. To maximise our fundraising endeavours and to purchase necessary equipment for the race, we are asking for the support of individuals and businesses in the form of sponsorship. There are three options to choose from.

Gold: For \$500 or more, sponsors will get their company name and logo on the t-shirts worn by participants and their company name and logo in the school newsletter for one month preceding and following the event.

Silver: For \$250 - \$499, sponsors will get their company name on the t-shirts worn by participants and their company name in the school newsletter for one month preceding and following the event.

Bronze: For less than \$250, sponsors will get their company name in the school newsletter for one month preceding and following the event.

Sponsorship can be made by direct bank deposit (see the details provided below) or by phone through the school office (07 4086 2500). An electronic copy of company logos can be emailed to lgilbert1@sscc.qld. edu.au with the subject "Wheelbarrow Race Logo." If you have any questions or would like to make a donation, please contact me via the details above. All sponsorship donations would be greatly appreciated!

Laura Gilbert

Wheelbarrow Race Sponsorship Coordinator

Direct Deposit Details Bank: National Australia Bank BSB: 084 352

Account No: 0000 12931

Name: St Stephen's Catholic College Detail: GWR Insert Company Name

Thank you to our generous sponsors:

Atherton Health Wilkinson's Blacksmiths Pty Ltd Memories in Mareeba Barramundi Gardens

Constitutional Convention 2015

Congratulations to the four students who represented St Stephen's at the annual Schools Constitutional Convention in Cairns last month. The Convention is focused at senior secondary students of Humanities, the Social Sciences and Legal Studies.



Tim Fraser.

The Schools Constitutional Convention is designed to educate senior secondary students about the Australian Constitution and how it guides our democracy. It also provides opportunities for students to listen to speakers presenting perspectives on a constitutional issue and to participate in debates and plebiscites.



Year 12 students Jacob Alison, Matilda Gargan, Mellory Aitken and Tim Fraser.

Amcal ATHERTON



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Science

This year sees the introduction of Science in Practice to the Year 11 curriculum. Students investigate practical uses of science in the

workplace and in their lives. Mrs Regina Holden is providing the students with a wide range of learning experiences. In term 1, students are establishing a hydroponic gardening system and a traditional garden bed plot. They are literally involved "from the ground up" by constructing a greenhouse to house the hydroponics, as well as giving the existing beds a well-needed facelift before planting.

Pepita Ison **Curriculum Leader – Science** *PIson@sscc.qld.edu.au*



Tableland District Sport Update

Please be aware that dates are subject to change from the original calendar sent out at the beginning of the year. Once we receive notification from the sporting convenor, we will be sending a letter home with any student who nominates for sporting trials to inform parents and carers of the correct dates for the sporting events. The Tableland School Sport form that you sent back to school has dates that change beyond our control. If no letter is received, then the trial has been changed to a later date. An up to date Tableland sport calendar is located on the Peninsula Sport website under the "Districts" link. Please check the Peninsula Sport website to confirm dates and times at http://www.pensport.eq.edu.au

If a student is selected to represent a sport at Peninsula level, parent/carers must notify the office of their child's absence. It is not the school's responsibility to do this.

If you have any questions or concerns, please contact Deanne Morrow on 40862500. Dmorrow1@sscc.edu.qld.au.



Greenhouse constructed by our Science in Practice students.





JUST Leadership

The Just Leadership Day held last Wednesday is a Caritas hosted event that gathers schools across the Catholic Diocese for the purpose of promoting and stimulating the ideas of global equality. The day was hosted at St Thomas', Mareeba where many excited students awaited the arrival of the seniors from Mount St Bernard, as well as St Stephen's.

The exercise was well planned to demonstrate ideas of equality and giving to others, such as a tower challenge with straws, and a moral lesson alluding us to the fact not everyone had the same amount of straws. The stark realization brought about motives and ideas to change the ways in which we do things to limit the impact on those less fortunate. The frightening statistics show that the most wealthy people in the world hold 80% of all the worlds resources, leaving a measly 20% to distribute among the other three quarters of the world's population. By having a roof over our heads and a fridge to open, we represent the richest portion of the world.

The day also involved meeting new people, each with a unique story to share. It was particularly interesting to see the selfless nature of the majority of the young students, stimulated by the talks and activities throughout the day. I am proud to think these students will soon make real changes to our society, and that their change is motivated by the benefit of those less fortunate.

I would like to thank Mr Ellison who organised our attendance, and as always, it was a pleasure to represent the school at these events. The Social Justice Committee is now looking at different and more engaging ways to help those in need, so stay tuned for these exciting events!

Timothy Fraser - Social Justice Committee VP



Ash Wednesday



Over the last two weeks, communities all around Australia have helped launch Project Compassion 2015. St Stephen's Catholic College launched its own Project Compassion campaign at the Ash Wednesday liturgy. Students are encouraged to put any spare change in the money boxes in their homeroom to help support Caritas Australia.



Fr John and Fr Dippi.

Good Luck!

All the best to Isaac Fleming, Christopher Stack and Brandon Green who have been training hard for the 2015 Subaru Australian Mountain Bike Championships. The trio from St Stephen's will head down to Bright in the Alpines region of Victoria next week with two other riders from the Tablelands to compete in the national title.



Isaac Fleming





Christopher Stack

Brandon Green

INFORMATION, DIGITAL MEDIA, AND TECHNOLOGY SCHOOL-BASED TRAINEESHIP

Want a career in IT?

A fantastic opportunity exists to develop IT experience with a reputable business in Malanda.

The successful person will learn how to support information technology activities in the workplace across a wide range of ICT areas, including technical support, network administration, web technologies, software applications and digital media technologies.

Must be able to travel to MALANDA one day per week.

See Mrs Goleby to apply!

Well Women's Clinics Mareeba Hospital & Mulungu

(These clinics are available to Medicare eligible clients)

Mulungu Monday 16th March Ph: 4092 3428

Mareeba Hospital Thursday 19th Marc

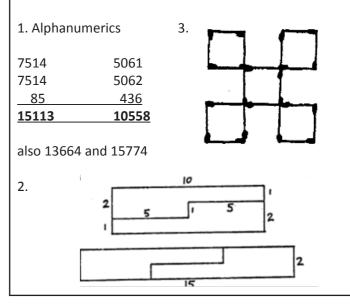
Thursday 19th March Ph: 4092 9311

Service includes Pap Smears, Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained Women's Health Nurse.

MATHS MIND STRETCHERS From the Maths Department. narrow low bridge full truck

The diagram shows a railway siding running off a main line. The siding passes under a very narrow, low bridge. On the siding, one on each side of the bridge, are two trucks. A shunter with an engine on the main line is told to swap the positions of the two trucks (for loading purposes) by means of his engine, and immediately thereafter to take his engine elsewhere for another job. He meets with difficulty: the bridge is so low that although the trucks will pass under it, the engine will not. How does the driver interchange, and end up with his engine on the main line?

Solutions to last Mind Stretchers (18/02)



Scholarships for 2016

Opening soon

Scholarship applications for Academic, Sporting, Cultural, Leadership and Community Service for Year 7 in 2016, will open on Wednesday, 11 March 2015.

Application forms will be available on the college website or from the college office.













Year 11 and 12 Hospitality Students learnt the art of chocolate making at a workshop conducted at the college. Special thank you to Maria from the Art of Chocolate for her time.

The Cantata "Holy Spirit, Breath of God" is currently being prepared for performances in Atherton, Mareeba and Kuranda at the end of the month. This cantata draws on the texts of the Hebrew Scriptures and the New Testament to trace the movement of the Holy Spirit throughout time. This Spirit is described as "breath". It is the in-breathing of God's Spirit that has moved individuals and inspired action since time began and continues to inspire and create in the world today.

Soloists, a narrator, an instrumental ensemble together with the fifty strong choir will perform in Kuranda at the Cairns Hinterland Steiner School on Friday, March 27th at 7.30pm, in the Uniting Church in Atherton on Sunday afternoon, March 29th at 4pm and in St Thomas' Catholic Church in Mareeba on that same Sunday at 7.45 pm. There is no charge for admission but a donation towards expenses would be appreciated. The performance lasts approximately one hour.

For further information contact Ruth on 4093 0303







For all ages & abilities SUNDAY 8TH MARCH MAREEBA SWIMMING POOL 7.00am Registration - 8.00am Start

Join us for a morning of good fun, activity and fundraising. This Aquathlon is for everyone and will be either Swim/Run or Swim/Wheelchair or ambulant events.

Register on-line today! \$5 kids | \$10 Adults https://regonline.activeglobal.com/mareebarotaryinclusiveduathlon2015

CATEGORIES & DISTANCES

Kids 3 to 6 years
Kids 7 to 10 years
Kids 11 and over
Adult Enticer
Adult Sprint

25 metre Swim/200 metre Run
50 metre Swim/ 600 metre Run
100 metre Swim/2 km Run
150 metre Swim/3 km Run
400 metre Swim/ 5 km Run

Disability Categories

Kids Adult Entice Adult Sprint or fandern assisted)
25 metre Swim/ 200 metre land
(ambulant or wheelchair)
50 metre Swim/ 600 metre land
(ambulant or wheelchair)
200 metre Swim/ 1.8 km land (ambulant or wheelchair)

+ Caffe Crema Coffee Van Funds raised on the day will be donated to the FNQ Cerebral Palsy Support Group to support local children & their families.

+Sausage Sizzle









For more information please call Shannon on 0419 324 984