



St Stephen's News

Issue 7 - Term 2 | Wednesday 18 May 2016

Principal: Mrs Ida Pinese

Deputy Principal Curriculum: Ms Andrea Chiesa

Assistant Principal Religious Education: Mrs Laura Gilbert **Assistant Principal Administration:** Ms Anja van Hooydonk

Business Manager: Mr Hadyn Flynn

College Leader - Pastoral Care: Mr Matthew Draper



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Team Spirit Overcomes Challenge



Rhys Pozzebon, Brendan Falvo, Amelia Aitken, Antonio Palumbo, Nadia Tudini, Isaac Hohns, Shernya Wessels, Leah Ryle, James Booth and Jeremy Mackay

Undaunted by the gruelling challenge of pushing a wheelbarrow for 140 kilometres from Mareeba to Chillagoe, the intrepid St Stephen's Catholic College Great Wheelbarrow Race Team, Mission InHospital, crossed the finish line at Chillagoe in 4th place overall and 2nd place in school team category, relieved, but excited, to have completed the race.

The St Stephen's community congratulates the team and their supporters for a great effort.



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NOTICES

UPCOMING EVENTS:



P & F Meeting

24 May

Year 12 Rec Camp

24-27 May

School Audit

26 May

Board Meeting

2 June

Block Exams

10-16 June

Athletics Carnival

23 June (12:30 pm - 3 pm)

24 June (All day)

CHANGE OF EMAIL ADDRESS?

To ensure communication is received, please advise the college if you have changed your email address. Email: office@sscc.qld.edu.au or phone 4086 2500.

CHESS CLUB

with Mr Harnischfeger (Mr H)

Room: S8

Monday and Tuesday Recess 2
Thursday morning before school

EVERYONE IS WELCOME!

TERM DATES 2016

Term Two: April 11 - June 24

Term Three: July 11 - September 16

Term Four: October 4 - November 18 (Year 12)

October 4 - November 25 (Years 7 - 11)

ATHERTON PARISH YOUTH LED MASS

Sunday 29th May @ 5.30pm St Joseph's Church, Atherton.

Join us for some food and fun after Mass.

All Invited!

To help with catering please write your name on clipboard in church foyer if you are staying after Mass.

A donation towards food would be welcome.

Bring along a sweet plate to share.

If you wish to participate in

the mass in any way

Please contact:

Atherton Parish: Kylie Akers 0417 007 432 or

Rhiana Meaney 0439 113 461

MATHEMATICS TUITION

Students seeking help with their Mathematics may attend a tuition/homework class on Tuesday and Thursday lunch time in MCR. Mr Ellison will be in attendance on Tuesdays and Miss Sugars will be in attendance on Thursdays to assist students at both Junior and Senior levels with any difficulties they may be experiencing. All welcome!!

ENROL NOW FOR 2017

All new students must have an enrolment interview; this includes those who already have siblings attending St Stephen's Catholic College.

Contact Mrs Denise Morrow to arrange an enrolment interview.

Phone: 4086 2523

FROM THE PRINCIPAL

Dear Parents and Friends of St Stephen's,

"Fall seven times, stand up eight." (Japanese proverb)

Last week, students across Australia in years seven and nine, completed the Naplan test which is designed to inform schools about literacy and numeracy standards. In sitting for this standardised test, students learnt valuable skills that will assist them to manage the new process of senior schooling to be introduced with year eleven in 2018, where all students will



be required to undertake an external examination prepared by the Queensland Curriculum and Assessment Authority. This external test and three internal assessments will be used to determine a student's final outcome in year twelve. Therefore, exposure to testing conditions, such as those implemented with Naplan, is beneficial to building students' confidence about how to become test-wise.

I would like to congratulate the year seven and nine cohorts for the positive attitude they demonstrated during the Naplan testing process. While this test is only one measure, along with many other indicators, of a student's success at school, it does provide feedback to schools about the literacy and numeracy standards of their students. This, in turn, informs the school-wide literacy and numeracy plan designed to bring about improvement in these areas. Although some parents are concerned about the anxiety this testing generates in their children, and may choose to withdraw them from the test, it is important that our students learn to be resilient and bounce back from set-backs. The testing process and the subsequent results do not determine the type of person one becomes, but they may serve to teach important life skills about perseverance, determination and resilience.

Another avenue for learning how to relate to each other and work as a team, was the Great Wheelbarrow Race. The St Stephen's Catholic College team, Mission InHospital is to be congratulated for taking part in this challenge and proudly representing the college. I would like to extend the college community's gratitude to the teachers, parents and students who endured the gruelling three day race from Mareeba to Chillagoe and raised money for a worthy local cause in the process. I am certain that they were a testament to the Japanese proverb mentioned in this dispatch.

Updates:

- Congratulations to the year 11 Mooting Team who demonstrated resilience under pressure, narrowly losing to Mareeba SHS.
- At the end of this week, we farewell Ms Anne Namini who is planning to teach overseas. We
 wish her the very best in this endeavour. Mrs Crockford also returns from maternity leave on
 30 May and we welcome her back to St Stephen's.
- Best wishes to our year 11 and 12 students who are taking part in the debutant balls in Mareeba (21 May) and Atherton (28 May)
- Several students are also taking part in Rostrum public speaking on 21 May. They are to be commended for going out of their comfort zone and embracing this challenge. The confidence they will gain from taking part in this experience will translate to other areas of their lives.
- On 26 May, the college is undergoing an external audit by the Office of Non-State Schools.
 This is an event which occurs every five years to ensure that we are compliant. I thank parents, teachers and students who may be interviewed, for their valued input.

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Our staff are involved in coaching students in a myriad of extra-curricular events, ranging from academia, and cultural experiences to sporting pursuits. I would like to acknowledge their generosity in ensuring that our students are able to participate in many enrichment opportunities. Some of these activities would not be possible without the assistance of parents who also give generously of their time.

In conclusion, our college community is enhanced by the significant contribution of teachers and parents to provide the best possible outcomes for all students. I welcome constructive feedback about our processes so that we can continuously improve.

With trust in the Lord,

Mrs Ida Pinese | **Principal** *principal@sscc.qld.edu.au*

CELEBRATING SUCCESS

Please inform the college if your child has achieved success in an extra-curricular activity not directly related to school, so that the college community can celebrate these achievements. Please email Mrs Pinese (principal@sscc.qld. edu.au) with any information and photos.

FROM THE ASSISTANT PRINCIPAL ADMINISTRATION

We are half way through term two already. The year 7 and 9 students have sat the mandatory NAPLAN tests. I want to congratulate them on their behaviour. They were very respectful and



followed the instructions given. Well done to all those students who participated. In week six, the second round of vaccinations were given to the year 7 and 8 students.

Our year 12 Recreation students are looking forward to their Hinchinbrook Island camp in week seven. I wish them all the best. In this week, we also have many teams competing in the FNQ School Futsal titles. Good luck to all the teams.

Year 10 students are going to the Business Liaison Association Careers Expo, which is a great opportunity to learn about different careers and courses. Thank you to Mrs Murat-Maksuti for organizing this event

Ms Anja van Hooydonk Assistant Principal Administration avanhooydo@sscc.qld.edu.au

ABSENTEE E-MAIL

If your child is absent, please email:

absentee@sscc.qld.edu.au





FROM THE ASSISTANT PRINCIPAL RELIGIOUS EDUCATION

'Opening Doors in the Year of Mercy' Youth Rally

Students from Years 7-12 at St Stephen's Catholic College are invited to attend a Year of Mercy Youth Rally, an exciting faith event which is being led by students and staff from our College community to promote the Catholic Church's Jubilee Year of Mercy. The rally will be held on Friday 3 June from $3.15 \, \text{pm} - 5.30 \, \text{pm}$ in the Music/Drama Room, and the theme for this event is 'Opening Doors in the Year of Mercy'.



This faith event will include live praise and worship music provided by the College's liturgy band, sharing of scripture, discussion, prayer and reflective experiences, and a very special presentation from Anna Jimenez, QLD Parish Appeals Coordinator for Catholic Mission, who will speak to students about the ways in which she has experienced and lived out God's call to be a witness of mercy. Students will also share in fellowship, with pizza and drinks to be provided by the College for this occasion.

Students who are interested in attending must see Mrs Gilbert for a permission form as soon as possible.

Year 12 SOR Excursion

On Monday 16 May, the Year 12 Study of Religion students attended the Character Wombat Education Conference at St Augustine's, Cairns. This inspirational one-day event for senior students was led by Dr Peter Vardy, Vice-Principal of Heythrop College, the specialist Philosophy and Theology College of the University of London. The conference sessions included 'Being Fully Human', 'Human Rights and Human Wrongs', 'Living Together in Tomorrow's World' and 'Living and Loving Well' which explored key themes and ideas evident in our current unit of study 'Religion, Values and Ethics'.

Students were challenged to consider what it means to live a good life in the 21st century, whether there are such things as Natural Rights or whether rights are simply constructed by society, and what qualities the leaders of tomorrow will need if they are to respond to a changing world better than that of their parents.



Year 12 SOR students at the Character Conference





Kate Wilcox and Leah Ryle address the assembly during a house debate on genetic modification of embryos.

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FROM THE COLLEGE LEADER PASTORAL CARE

Congratulations to our school Wheelbarrow Race team. The determination to complete the three day effort in a new record for our school team is indicative of the fine spirit and the physical stamina shown by all members.



No doubt the weekend had it fair share of challenges, both emotionally, physically and psychologically. These challenges were often felt one runner at a time in what seemed to be a sole effort. This sense of being alone with the challenge is soon replaced as the runner boards the bus.

Then there are challenges that are felt by the entire team when a member cannot run, or is in need of a rest period, or worse; succumbs to injury. How the team responds to the added challenge either assists or inhibits the team's performance. What is said on that bus in the time directly after the run, and directly before the next run, is crucial to the challenge being met each and every time.

Sporting events such as the Great Wheelbarrow Race provide the stage in which we see human persistence, tenacity and endurance displayed in its best light. The tangible temptation to give in to the first thought that comes to our mind while undergoing the challenge is replaced by wise and encouraging team members calling out their encouragement from inside the bus. Reports that have come back from those who witnessed our students completing the challenge are full of praise as to how the team conducted itself during the challenge.

The team was observed to be effective, not only because they were physically fit, psychologically strong and emotionally resilient, but more so because of "what was said, and not said, by the team to each other at the most challenging moments".

Proverbs 17:27 reminds us that "Whoever restrains their words has knowledge, and he who has a cool spirit is a man of understanding". A person may show themselves to be wise, by the good temper of their mind, by the good government of their tongue and by being careful when they do speak.

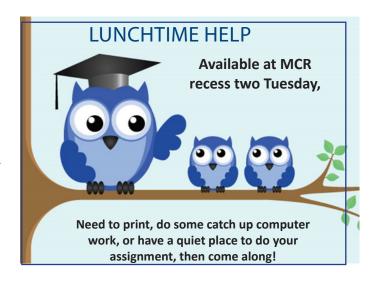
This week let us take a leaf out of the book of the school wheelbarrow race team and be a person of "cool spirit" in the classroom, the sports field and the playground.

Matthew Draper College Leader Pastoral Leader

LEADERSHIP IN ACTION

Rebecca Hermanus, who attended the National Youth Science Forum in January earlier this year, has been selected as a member of staff who will assist with the 2017 Program.





FROM THE COUNSELLOR

Is social media interfering with your study? Try an e-fast

Did you know that Australians are spending an average of 8.5 hours per week on Facebook? Twenty-four percent of people are checking their social media more



than five times per day. The following five tips are from 'Addicted to social media? Try an e-fasting plan' by Ritesh Chugh and published on The Conversation website at https://theconversation.com/addicted-to-social-media-try-an-e-fasting-plan-56804. I hope these tips will be useful for your family.

In order to put an end to obsessive behaviour towards social media, it is important to try to abstain from it or at least regulate usage occasionally. The aim of e-fasting is to enable you to reclaim your life, achieve a balance of life and not become hostage to social media.

- **1. Abstain from social media** Decide on a specific day when you will stay clear of social media. This might increase your anxiety in the short-term, but the time away will enable you to perform other activities.
- **2. Self-regulate** Set some rules that only allow you to connect to social media at specific times of the day. For example, browsing for a limited time in the evening or not browsing when in bed.
- **3.** Limit checks on social media It is not a good idea to keep checking social media pages without a specific aim. The algorithms of social media feeds are designed to keep users hooked by projecting information higher in feeds, based on users' past interactions. Think of the urge to check incessantly and consider whether it is important or can wait for another time.
- **4. Disable alerts and notifications** This will mean that you are not constantly reminded of messages

by your social media platform. Adopting a pull-based approach of your notifications over a push-based approach will lead to fewer interruptions too. This should reduce the desire to check social media constantly.

5. Remove social media apps from your smartphone

- If disabling alerts and notifications do not do the trick, consider deleting social media apps completely from your smartphone. As most people access social media platforms from their smartphone, removing these apps would mean less ease of access. You will then only have access to social media from a personal computer.

As with any diet or fasting regime, there's no one-size-fits-all formula, but the self-control and discipline tips listed above should go some way to reducing your social media addiction. E-fasting has the potential to become a new fad to treat social media addiction and detox your life.

Source: These tips come from the school subscription of the Options Career Information Bulletin.

Michelle Hall Counsellor mhall3@sscc.qld.edu.au

COUNSELLOR APPOINTMENTS

- * Mrs Hall is available every day
- * For an appointment, see Mrs Hall in the library or email her on mhall3@ sscc.qld.edu.au to arrange a suitable time

M IDDLE LEADER CURRICULUM **SOCIAL SCIENCE AND BUSINESS**

Year 8 Geography

Year 8 students studying Geography in Semester 1 were fortunate enough to travel to the Bonadio's property near Yungaburra and to Tolga during the first week of term 2 to partake in field work related to the current unit on landforms and landscapes. The students have been learning about river landscapes and management using the Barron River as a case study.



Ian Sinclair, Coordinator of Barron Catchment Care, was able to show the students the revegetation projects that have been implemented along the banks of the Barron River on the Bonadio's property. This revegetation has not only reduced the amount of erosion and negative inputs into the Barron River catchment but has also reestablished the riparian vegetation of this region, which is home to the native tree kangaroo.

In Tolga, the students were able to learn about and explore the Griffin Road Detention Basins which were established to "slow the flow" at the top of the catchment. These basins are highly effective in detaining, slowly releasing storm water and filtrating the sediment from large volumes of water, so that nutrient rich soil run-off from farms does not end up in the Barron River and eventually be washed out to the Great Barrier Reef.

Everyone enjoyed the opportunity to venture out of the classroom and observe ways in which significant landscapes are being protected. The basins really showcase an innovative partnership between Barron Catchment Care and the local council. Students have also become more knowledgeable and aware of ways in which they can protect the Barron Catchment and ultimately the Great Barrier Reef, at home and at school.







Year 12 Geography

Year 12 Geography students are completing a social geography unit that looks at the ways people 'connect to place'. There are obvious physical connections through infrastructure such as roads, railways and optic fibres, but there are also emotional, spiritual and cultural connections that influence how we view and use places. Students completed fieldwork to examine how fear can be mitigated to encourage people to reclaim places for social purposes. In this case, students conducted interviews and surveys, and assessed the ways crime (or perceptions of crime) could be prevented through the design of the built and natural environment of Main Street in Atherton, so that families would be drawn to use the area as a social space after dark. Discussions with a town planner, police officer and venue manager provided input from influential stakeholders and will assist with the analysis of findings and recommendations of the students.

M IDDLE LEADER CURRICULUM SOCIAL SCIENCE AND BUSINESS

Year 12 Geography continued





Legal Studies

The Year 11 and 12 Legal Studies classes have enjoyed two trips to the Cairns Courthouse during the last fortnight. On Tuesday 3 May, six students from St Stephen's participated in the Bond University High School Mooting Competition. The competition involved students studying a mock case and relevant resources. The two St Stephen's teams then had to construct prosecution arguments in a civil case, using the resources and facts given, to compete against other schools from the Cairns region. The competition was an excellent learning experience and gave the students an opportunity to be involved in courtroom processes. Both teams presented to a high standard in front of the judge and received very positive feedback about their presentations. The results will be announced on the 20th of May.

The second trip on 11 May provided Year 11 and 12 students the opportunity to spend the day sitting in on District and Supreme Court matters, and to meet with The Honourable Justice James Henry during a recess. Students reconciled theory with practice and observed how legal professionals construct arguments, and question and cross-examine witnesses and the accused. They also viewed the role of a jury, the processes in sentencing and many other matters that the legal system deals with on a daily basis. Many students came away from the day with a greater insight into the legal process and aspirations to pursue legal careers.

Dwayne Miller Curriculum Leader Social Science and Business



Leah Ryle, Fenella Hartley, Grace Officer

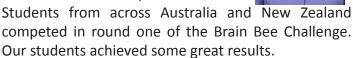


Sabine Conolly, Kayla Rankine, Claudia Roeser

M IDDLE LEADER CURRICULUM GIFTED AND TALENTED

Congratulations to Travis Cummings for qualifying for round two of the Brain Bee Challenge.

Last term, Year 10 students were given the opportunity to participate in the Brain Bee Competition.



Travis will now compete in round two in July, at Queensland University in Brisbane. The day will include an Individual Challenge to determine the 2016 ABBC Queensland Champion, as well as tours of the research laboratories and presentations by special guests working in science.

Simone Gillies Curriculum Leader Gifted and Talented



Travis Cummings

MIDDLE LEADER PASTORAL YEAR 10

As we approach the mid-point in term two, year 10 students can look forward to the completion of many assessment items, as well participation in the Careers Expo.

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cohort erience

In week seven the year 10 cohort will travel to Cairns to experience

the BLA Careers Day. This event will give students the opportunity to speak with universities and trades, as well as investigating other possible career pathways. It will be a great opportunity for students to start considering their future careers.

I would like to extend a warm welcome to both Joshua Hill and Sharnah Brooks who have joined our cohort this term.

Next term will see the reintroduction of the year 10 school camp. Students will attend the Mungalli Falls Rainforest Lodge for three days from 10– 12 August. During this time they will have the opportunity to participate in numerous activities that will test them both mentally and physically. Parents will shortly receive information about this event.

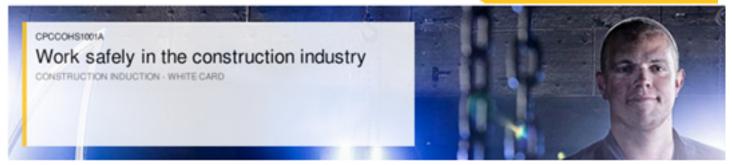
The assessment period of the term is fast approaching and I would like to encourage all students to ensure they work hard and set goals that they can achieve. If students are unsure or struggling with a new concept in class, speak to the classroom teacher, as they will be able to assist you.

Keith Pelka Middle Leader Pastoral Year 10



Construction Induction - White Card





Year 10, 11 & 12 Students

Expressions of interest are being sought from students interested in attending a one day course to obtain the Construction Induction – White Card.

To work on any construction site in Australia it is a legal requirement that everyone holds a current General Induction Card, also known as a "White Card".

The aim of a General Induction (White Card) is to provide basic health and safety education to all persons working within the building and construction industry. The course also covers risk management, legislative requirements and responsibilities and a host of other relevant information that will help you work safely and efficiently on the job.

The White Card is now nationally recognised and valid for use on all construction sites in Australia. The course will be held at St Stephen's Catholic College in Term 3. Date to be advised.

Year 10 students who are intending to do work experience in the construction industry or any on-site workplace will require this certification.

Course fees are \$55 per student.

Email Jgoleby@sscc.qld.edu.au or visit the M Block Careers Office to register your interest.

Thank you to the following Great Wheelbarrow Race sponsors.

RTM Bus Service
Barra Gardens
AAB Office Equipment
The Dirt Professionals
Big Pete's Plumbing
Close-up Birding Adventures
Tablelands Respite Care Association

